

# Tornado damage?

## As the town looks for state and federal help, they need your property damage estimates

By RORY SCHULER

Johnston's mayor has called on Gov. Dan McKee to declare a "disaster declaration" in Johnston to help residents rebuild after the Aug. 18 tornado.

McKee's administration says it's not that simple.

"I would be very disappointed if the Town did not qualify for reimbursement, as the Governor recently announced a disaster declaration for Block Island for the Har-

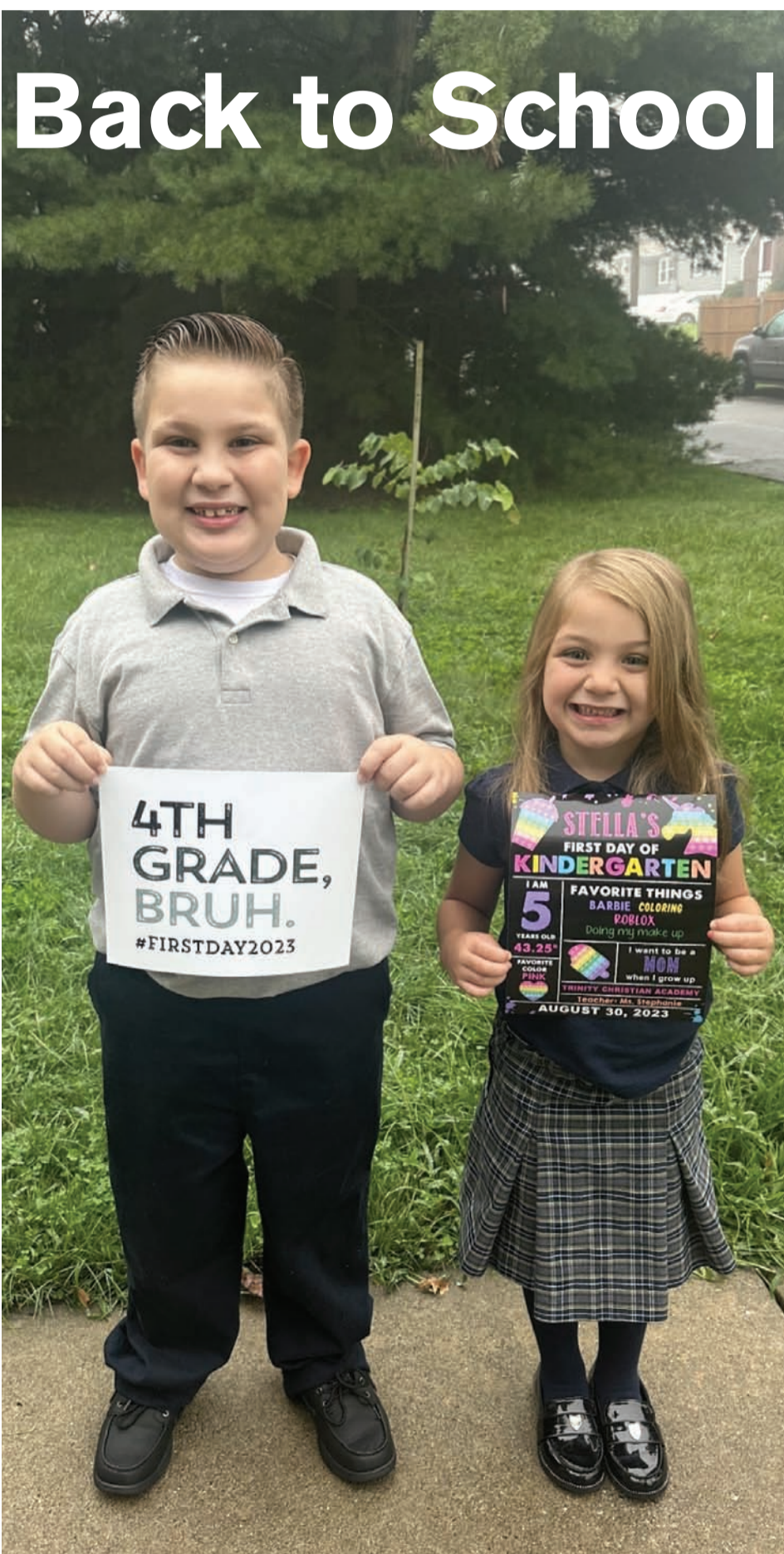
borside Inn fire which affected businesses there," Johnston Mayor Joseph Polisena Jr. wrote via email earlier this week. "This tornado, while it did impact businesses, affected something much more important and costly, people's homes. The Chief and I will keep pushing for residents throughout this process."

When asked to comment on Polisena's challenge, a McKee spokesperson handed questions off to Rhode Island's Emergency

Management Agency (RI EMA).

"The disaster declaration that was announced for Block Island is very different than a disaster declaration for what occurred in Johnston," clarified Armand Randolph, Public Information Officer for RI EMA. "Even more specifically — the disaster declarations are handled by two different Federal agencies. The Disaster Declaration announced for Block Island is an Economic Injury Disaster Loan

■ DAMAGE - PAGE 8



**FIRST DAY:** Johnston youngsters Logan Bucci, a fourth-grader, and Stella Bucci, a Kindergarten pupil, started school at Trinity Christian Academy. Most of the youngsters in Johnston went back to school this week. If you have a back to school first day photo you'd like to share, email it to Johnston Sun Rise Editor Rory Schuler at rorys@rhodybeat.com, and we'll publish it over the next couple weeks. Don't forget to include a caption with the student's first and last name, grade and school. For more photos First Day Photos, turn to Page 7. (Submitted photos)



**START YOUR ENGINE:** Lacie Messier took the keys and cautiously started the engine. She'll be driving her daughter, Ciarra Muller, to school this week in the new set of wheels. (Photo courtesy Grieco Auto Group)

# This ride's on them

## Grieco Auto Group gifts transportation to young college student in need

By RORY SCHULER

The end of summer loomed and Ciarra Muller waited inside Grieco Honda's two-story showroom, with her mother, Lacie Messier, at her side.

They've been worried about back-to-school transportation.

Like many families who have filtered in and out of Grieco's Johnston car deal-

erships, they were waiting for a new vehicle. Unlike most customers, however, their new van required no financing, no money down and no monthly payment.

The 19-year-old college student lives with spinal muscular atrophy (SMA) and utilizes a motorized wheelchair for mobility. Transportation can be expensive, and tricky.

■ VAN - PAGE 9

# 'Built to go the distance'

**AND IT BEGINS:** The Johnston football team returns after a down season with nearly its entire starting lineup and a few new faces as it looks to get back into the championship mix. See a season preview on page 14. Pictured is Dylan Estrada going through drills at practice this week. (Sun Rise Photo by Alex Sponseller)



# Senior 'Spotlite'

## Smithfield pair make new friends at the JSC before returning to Florida

By **RICHARD J. DELFINO JR.**  
Special to the Sun Rise

**G**eorge and Diane Perry are both lifelong residents of Smithfield. They started dating in their teens, soon married, and raised their family in Smithfield. They have been together 61 years.

George was a member of the Smithfield Fire Department for 41 years and Diane was employed for over 39 years for the Smithfield School Department, where she worked as a bus driver and monitor. The couple have been members here at the Johnston Senior Center (JSC) for the past four months.

They spend six months per year here in Smithfield, May to November, and six months per year in Florida, December through April.

When they returned this past May to Rhode Island, they said they had heard "some wonderful things: about the JSC. Today, they say "all those wonderful things we heard were confirmed."

They now spend four days per week here. You can find them usually sitting at the same table, early on in the morning, enjoying a complimentary cup of coffee and breakfast treat, enjoying reading the paper and each other's company.

They have met many nice people, now their friends, where they benefit from conversation and interaction. They say lunch is great, and like playing bingo and taking day trips offered by the Center.

They love Florida, but it gets more difficult saying goodbyes to their children, five grandchildren and three great grandchildren. Now add to that list the many friends they have met here at the JSC.

George and Diane will certainly miss what has become an enjoyable routine here at the JSC, but the many members and staff with whom they interact, will miss their kind and friendly demeanor as well. We wish them both many happy returns to the Johnston Senior Center.



**GOIN' SOUTH:** George and Diane Perry are both lifelong residents of Smithfield, now reside in Florida, but when they come back to the Ocean State, they enjoy spending time at the Johnston Senior Center. (Photo courtesy Richard J. DelFino Jr.)

**Editor's Note:** Richard J. DelFino Jr. serves as Executive Director of the Johnston Senior Center, at 1291 Hartford Ave., Johnston. The Johnston Sun Rise regularly publishes a senior profile, called "Senior Spotlite," submitted by the senior center.

## More at Mohr Library

Registration is ongoing for a variety of programs and events at the Mohr Library, 1 Memorial Ave, Johnston. In addition, all ages can still report on their summer reading and enter to win prizes donated by our Friends of the Library.

**Library Events:**

Drawing for adults is held at 3 p.m. Thursdays.

The Knitting and Crochet group meets at 10 a.m. Fridays.

The Children's Library always has drop-in, self-directed activities for kids and families like crafts and scavenger hunts. Preschool storytimes and elementary-age kids programs start up again in October — more news to come.

Activities for middle-school and high-school age kids will be offered afternoons. Kids should talk with our Young Adult Librarian, Marissa, for more information.

The Library offers help with technology, information, and finding books and media. They have fax service, self-service copying and public computers, and a Notary Public most evenings (call ahead to confirm). You can reserve quiet rooms and meeting space.

There is an ongoing book sale in the lower level, whenever we are open.

The Library is open Monday through Thursday from 9 a.m. to 8 p.m., and Fridays from 9 a.m. to 6 p.m., and beginning Sept. 9, Saturdays from 9 a.m. to 5 p.m. The library will be closed on Labor Day.

## Johnston Senior Center Highlights

**From the staff ...**

The Johnston Senior Center is better than ever. We are offering more exercise programs and trips every week. We also have a book Club on the last Tuesday once a month. A Social worker/Medicare Counselor/Ship Counselor is also provided 5 days a week. Contact Madeline Ravenelle at 944-3343 Please come for a tour of the facility.

The Senior Center Club meets the last Tuesday of the month. There is no charge for Senior Center activities. They offer Bingo on Thursday and Friday. Lunch is served daily at 12 p.m. (with a suggested donation of \$3).

A Notary (Algeria Vaughn-Bayley) will be on the premises, 9:30 a.m. to 1 p.m., Monday through Thursday, free of charge.

**Weekly Events**

- Monday — Arts and Crafts
- Monday & Wednesday — Hi Lo Jack
- Tuesday — Quilting
- Wednesday — Poker
- Thursday — Mar Jong
- Thursday & Friday — Bingo
- Offering more programs and trips every week:

**Please note:** Ballroom Dancing will not return until September.

**Trips**

- Thursday, Sept. 14: "The Carpenters" Whites of Westport, 10:30 a.m., \$79.00pp
- Monday- Wednesday, Sept. 17-19: "Atlantic City Gambling Tour to the Tropicana Casino Resort," \$299 pp DO (single add \$130) \$50 Meal Credits/\$30 Slot Play TBA
- Thursday, Oct. 5: "Aidan Keene Tribute Legends," 10:30 a.m., \$79 pp
- Monday, Oct. 16: Maine (Portland) \$429pp DO. See Beautiful Historic Waterfront, Lighthouse, Quaint Kennebunkport. 2 nights lodging, 4 Meals \$95 pp
- Tuesday, Oct. 17: Newport Playhouse, "Ghost of a Chance" Lobster Fest, 10:30 a.m. (no price)
- Tuesday-Thursday, Nov. 7-9: "Turning Stone Resort Casino" \$339 pp DO (single \$479) \$80 Casino Free Play or Bingo Bucks \$30 Meal Credits

REDISCOVER  
THE BRIDGE AT  
CHERRY HILL!

Have you been thinking about Senior Living but don't know where to turn?

The Bridge at Cherry Hill has been Johnston's most trusted name in Senior Living for over 25 years. Whether you are tired of chores around the house or you are in need of daily assistance, The Bridge has you covered!

We have spacious assisted living apartments along with all the services and amenities you need for a healthy, secure lifestyle.

Call 401.233.2880  
to learn more  
about our campus  
and services.

CherryHillBridge.com  
1 Cherry Hill Road  
Johnston, RI 02919

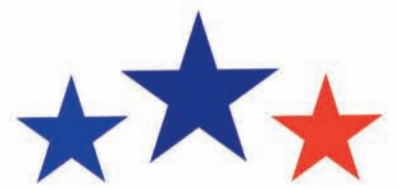
# warwick mall

there's something for everyone!

## HAPPY LABOR DAY! SEPTEMBER 4, 2023



**MALL HOURS 10A-8P**  
**(DEPARTMENT STORES VARY)**



*Lon Cerel*  
**The Magician**

**MAGIC PALOOZA & BALLOON ART**



**SATURDAY 9/9: 1,3 & 5PM**  
**SUNDAY 9/10: 1 & 3PM**  
**CENTER COURT AT WARWICK MALL**



**RISLA**  
**College Planning Center**

### Annual College Fair!

**TUESDAY,**  
**SEPTEMBER 19 2023**  
**6:00 PM - 8:00 PM**

**WARWICK MALL**  
**400 BALD HILL RD**  
**WARWICK, RI**

Register & Learn More at  
[www.collegeplanningcenter.org](http://www.collegeplanningcenter.org)

### Take a look at our Monthly Events!

Visit:

[www.warwickmall.com/events](http://www.warwickmall.com/events)

Follow Us!



@warwickmall

**Home of RI's Largest Selfie Spot**

*Blissful*  
**SELFIE SPOT**



[www.blissfulselfiespot.com](http://www.blissfulselfiespot.com)



## Rewriting the Rules of Retirement

Longbridge  
Financial, LLC

Retirement comes with more time for the things you love. A reverse mortgage can help you fund them.

- ✓ Pay off your existing mortgage to eliminate monthly payments<sup>1</sup>
- ✓ Get additional income tax-free cash to use for what matters most<sup>2</sup>
- ✓ Continue to own your home just like a traditional mortgage



NMLS #595725

Contact **Carol Miller**, your local Reverse Mortgage Specialist.

☎ (401) 406-1247 (Cell)

✉ [carol.miller@longbridge-financial.com](mailto:carol.miller@longbridge-financial.com)

1. Property taxes, homeowners' insurance, and home maintenance required. The home must be your primary residence.  
2. Consult a financial advisor and appropriate government agencies for any effect on taxes or government benefits.

Branch Office: 1 International Blvd, Suite 900 Mahwah, NJ 07495. NMLS #957935. Licensed by Rhode Island Third Party Loan Servicer License 20193879LS, Rhode Island Lender License 20153084LL, MA Debt Collector License DC957935, Mortgage Lender License, with reverse mortgage authority ML 957935.



**BRUNO'S BUDDIES:** Bruno Ramieri, the Goodfellas Motorcycle Club "Godfather" is joined by Karen Dore, Michele Brannigan, Alexis Ratte, Joe Ratte, Cal Calabro and David Levesque, who owns Brewed Awakening in Johnston and hosted the recent press briefing. (Sun Rise photos by Pete Fontaine)

## Goodfellas gearing up for 7th annual bike run

By **PETE FONTAINE**

To say that the Goodfellas Motorcycle Club may be the most unique biker group in the state when it comes to raising money for charity would be an understatement of huge proportions.

In the past two years, for example, the Goodfellas have donated a total of \$83,000 to the highly-acclaimed Hasbro Children's Hospital in Providence.

Two years ago, the Goodfellas bike run that takes riders into Connecticut and back to their headquarters at One Victory Mount in Johnston, raised \$40,000. Last year's 6th annual run generated \$83,000 to help the children and their families who have been stricken with cancer.

One reason for that extraordinary success is the generosity of Johnston resident Bruno Ramieri who does philanthropic work for Hasbro Children Hospital.

Two years ago, you see, Ramieri pledged \$20,000 and issued a challenge to all bikers to match and hopefully surpass that total. He followed that donation last year when the ride took in \$43,000.

"Bruno did that in memory of his late wife late wife Pauline Ramieri as well as his love for helping children at Hasbro Hospital, said Anthony "Cal Calabro" whose late son Anthony Edward Calabro is one of 10 people who will again be remembered in the upcoming 7th annual run.

To which Michele Brannigan, senior philanthropic officer for the Hasbro Children's Hospital Foundation, said during the recent press briefing: "We're excited to cheer on all the riders this year and mark the 7th anniversary of this amazing event. The ride keeps growing because the Goodfellas work incredibly hard to make it all about the kids we care for at Hasbro Children's Hospital."

Brannigan, who addressed the Goodfellas officers and special guests during the recent press meeting at David

Leveque's Brewed Awakening on Atwood Avenue paused then emphasized: "Everyone who participates in this ride is truly a hero to children and families who benefit from their kindness and support."

Thus, the countdown for the 7th Annual Run, which will be held on Saturday, Sept. 9 and will start from Stephanie Harris' Strings Bar & Grille on George Waterman Road in Johnston, is moving fast and Calabro said registration is only \$20 per rider or passenger.

"You don't have to be a biker to participate," Calabro said while issuing an invitation for people "to come and have a good time. We'll have music by Joint Custody and plenty of great food back at the clubhouse after the run."

Registration will open at 9:30 at String's Bar & Grille as Calabro said "it will be kickstands up at 11 a.m. and the Johnston Police Department will lead the bikers from Atwood Avenue to Rue 116 where they'll travel to a location in Connecticut before heading back to the Goodfellas Clubhouse at One Victory Mount off Mill Street in Johnston.

Anyone who'd like to help support that people cancer is "an extraordinary fundraiser to help children who are battling cancer is encouraged to do so by stopping by String's Bar and Grill prior to the run or the post-run party.

This year's run is also being held in honor of Freddy Benedetti III, Paul Jorge Roque, Sueann Demetropolous, Tim Davey, Nicholas Paul DeStefano, Carol Ratte, Alexis Ratte and Katelynn Marandola.

Alexis Ratte is living proof of how Hasbro Children's Hospital has helped children who were battling cancer.

"She's a SURVIVOR!" Calabro exclaimed about the 17-year-old daughter of Goodfellas member Joseph Ratte. "She's 17, a student at Johnston High School and we were thrilled she attended the press meeting for our 7th annual bike run."



**SUPER SURVIVOR:**

Alexis Ratte (center), a student at Johnston High School and cancer survivor is joined by Bruno Ramieri and Michele Brannigan of Hasbro Children's Hospital at the kickoff of the Goodfellas Motor Club 7th Annual Bike Run.

# Our Lady of Grace PARISH FEAST

15 George Waterman Rd  
Johnston

September 7-10

**RIDES!**  
**FOOD!**  
**FUN!**  
**GAMES!**



Midway by Rockwell Amusements  
[www.rockwellamusements.com](http://www.rockwellamusements.com)

# Opinion

EDITORIAL

## School investments reveal their worth

As back to school season kicks off, it's a good time to remember the forward thinking of residents throughout our coverage area who saw the need to invest in our local schools through bond referendums in the past couple election cycles.

While it is easy to pay lip service to the fact that kids deserve to be educated in modern, clean, efficient, and safe buildings, it is another thing for people to actually put their money where their mouth is. And yet, that is exactly what voters in Warwick, Cranston, and Johnston have done over the past few elections, approving hundreds of millions in total bond capital to help fix languishing schools and construct brand new ones.

• WHERE TO WRITE:  
1944 Warwick Avenue  
Warwick, RI 02889  
RoryS@RhodyBeat.com

In Warwick, students and faculty will be enjoying the fruits of the

extensive labor that has gone into fixing up schools throughout the district over the summer. Our recent story chronicled the improvements at Sherman, Holliman, Hoxsie, Norwood, Park, Scott, Winman and the Career and Tech Center. This work is not always overly showy (HVAC and roofing improvements rarely are), but it contributes to the overall learning condition in these buildings and is absolutely essential.

Students in Cranston are set to step into a world of improvement too, with Eden Park and Garden City Elementary Schools providing good examples of those kinds of transformative changes that will last for many generations of students to come. Although Warwick and Johnston are experiencing some sticker shock regarding some of the most recently approved school projects, the point remains that this work is better off done than left for future generations to deal with.

Overseeing all of this are dedicated and hardworking school personnel, like Steve Gothberg in Warwick, who must organize and prioritize projects and keep track of countless projects ongoing simultaneously, while battling inflation and supply chain issues, all under the pressure of trying to get things done in a timely manner and fulfilling state deadlines for reimbursement. Construction directors and project managers like him deserve a big shout for seeing this work through for the betterment of our communities' children.

And the overarching point of improving these schools has never been more important in a post-pandemic world. There is no substitute for in-person learning, and therefore it is of the utmost importance that we provide kids with a place to go learn that they are excited to inhabit each day during the school year.

These are the investments that truly make the most difference, and are the most worthwhile.

GUEST OP

## RI General Treasurer: 'Your back-to-school list'

By JAMES A. DIOSSA  
Special to the Sun Rise

With September fast approaching and my daughter, Arianna, getting ready to enter preschool, the excitement of a new school year can be felt everywhere. Soon, school campuses will be bustling with activity and streets will be lined with yellow buses as kids return to the classroom. As a parent, I know this can be a stressful time. However, I urge you to add one more item to your back-to-school list this year: a savings plan for your child's education.

We all want what's best for our children. That's why it is so important to plan now for their academic future. The cost of higher education

has risen dramatically in recent decades. According to Forbes, the average cost of a college education increased by 180% from 1980 to 2020. September is College Savings Month and, regardless of your child's age, it's never too early to start saving for their educational future.

Fortunately, Rhode Island offers the CollegeBound Saver program, a tax-advantaged savings plan (sometimes referred to as a 529 plan) that helps Rhode Islanders to save for college as well as trade and vocational schools affordably and comfortably. Regardless of your current financial situation, this program can make higher education more attainable for your child by the time they graduate high school.

As Treasurer, I am working to ensure Rhode Islanders have the tools they need to succeed. As a parent of two young children, the future cost of their higher education weighs heavily on me. As the cost of higher education continues to increase, today's savings will prove to be tomorrow's returns. While investing always carries risk, participating in the CollegeBound Saver program over the course of your child's life can have a dramatic impact on your child's education future when the time comes for them to pursue their dreams.

EDITOR'S NOTE: This guest opinion was submitted by Rhode Island General Treasurer James A. Diossa.

LETTERS

## Where is the school security?

Parents are thinking the summer is over and time for school supplies and new clothes.

Kids are thinking where did the summer go, but excited to see old friends.

Our leaders are not thinking. Where is the school security? Where is a law enforcement officer in every school?

The governor of Ohio put aside 300 million to give to public and private schools to expand law enforcement officers in schools. Texas requires panic buttons in every classroom and an armed guard in every school. Arizona approves funds to bring law enforcement to schools. Michigan puts aside 25 million to fund officers in schools. Tennessee governor signs legislation to fund full time armed resource officers in every public school. And the list goes on and on.

What has Rhode Island done?

Rhode Island passed legislation to study the impact of safety drills on students and whether the time and dates of those drills should be given to parents in advance, so to prepare the students, because those drills can be traumatic. Like the saying goes, you can't make this stuff up.

Voters need to remember that there was legislation to give each public school in Rhode Island 100 thousand dollars to implement security. Hardly enough to protect our students and staff. None the less, it was tabled in finance for further study. Makes me wonder who is

studying it and why? Your elected officials thought other expenditures were more important to spend taxpayers' money on. Remember, they go to work every day protected by security while our kids go to school unprotected. Seems hypocritical to me. For less than 24 million dollars Rhode Island can put a law enforcement officer in every school.

School Safety Now is a non-partisan, non-profit organization made up of parents, caretakers and all community members who are concerned about gun violence in our schools. This diverse group has and welcomes members from all political parties, all ethnicities, all sexual preferences, and all beliefs. We respect the ongoing debates of gun control, 2nd amendment rights, mental health advocacy, assault weapon bans, right to defend, right to bear arms, and all such debates. We also realize that those discussions are time-consuming and complicated and are long standing and far from being settled.

We need our schools to be safe now for all students and teachers while those issues are debated, litigated, voted on and eventually settled.

Therefore, we are advocating the placement of a law enforcement officer in every school, every school day. We need to get serious about protecting our kids.

Tim Colgan, of Warwick  
SchoolSafetyNow.com

## Stop looking backwards at the two-party system

The Rhode Island Forward Party offers a much-needed political alternative.

Picture yourself at a local coffee shop sitting with friends or family. The conversation shifts to local politics, and a consensus emerges: the government status quo seems incapable of solving the many challenges faced by ordinary Rhode Islanders by finding practical, common-sense solutions. This scenario is not unique to you and replicates itself not just across the 39 cities and towns of Rhode Island, but across our nation. The time is now to do something about it.

The two major political parties have designed the system to restrict power to themselves, blocking new middle-ground ideas from taking root. An approach based on collaboration, compromise, conversation, trust, and a willingness to serve most of the American people (not just Party) seems foreign to them. This is where I have found the Forward Party to be different.

Why did I decide to get involved with the Forward Party? Like many of my friends, I have found it increasingly difficult to fit into the existing party structure. The two parties are diverging from common sense solutions, pulled away from the center by their extreme factions - nationally and locally. If this sounds familiar, use the link below to learn more about Forward.

The reality is that here in Rhode Island 42% of voters are unaffiliated (only 2% behind registered Democrats). Where are the solutions for those voters? I believe Forward offers an alternative to have these voices heard and drive action and accountability with our elected officials. The next great idea can come from either side of the aisle, regardless of party letter. To move this country forward, we need elected officials who are brave enough to defy the political directives of their national parties and work to solve the problems plaguing their constituents.

My experience has been that the Forward Party is about listening to the community and finding bottom-up, local solutions, cultivating a sense of civic responsibility, and developing our leaders on the ground.

I encourage you to get involved as a community leader, candidate for local office, volunteer, or as a concerned citizen. Please join me to help grow the voice of the Forward Party here in Rhode Island. Go to [www.ForwardParty.com/rhode\\_island](http://www.ForwardParty.com/rhode_island) to learn more and sign up.

Not left. Not right. Forward!

Jim Palmisciano, of Richmond  
FWD - RI Interim State Leader



<p><b>Publisher</b> John I. Howell Jr. - JohnH@rhodybeat.com</p> <p><b>Advertising Director</b> Donna Zarrella - Donna.Z@rhodybeat.com</p> <p><b>Editor</b> Rory Schuler - RoryS@rhodybeat.com</p> <p><b>Sports Editor</b> Alex Sponseller - AlexS@rhodybeat.com</p> <p><b>Journalists</b> Pete Fontaine</p> <p><b>Advertising Representative</b> Christine Peabody - ChrisP@rhodybeat.com</p> <p><b>Classified Advertising</b> Ida Zecco - Classifieds@rhodybeat.com</p>	<p><b>Circulation</b> Leslie Paz</p> <p><b>Credit Manager</b> Lynne Taylor</p> <p><b>Bookkeeping</b> Leslie Paz</p> <p><b>Production Manager</b> Lisa Bourque Yuettner - LisaB@rhodybeat.com</p> <p><b>Production Staff</b> Monique Rice - MoR@rhodybeat.com</p> <p><b>Spotlight Profile Writer</b> Jennifer Coates - JenniferC@rhodybeat.com</p> <p><b>Tel:</b> 401-732-3100 <b>Fax:</b> 401-732-3110</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

All advertising and editorial material in whole or in part designed and/or composed by Beacon Communications is copyrighted and may not be reproduced without express permission of the publisher. Beacon Communications shall not be liable for errors and omissions in or failure to insert any advertisement for which it may be responsible beyond the cost of actual space occupied by the item in which error or failure to insert occurred. Beacon Communications is a member of the New England Press Association, The Rhode Island Newspaper Group and The North Central Chamber of Commerce. Johnston Sun Rise is owned and operated by Beacon Communications. Editorial offices are located at 1944 Warwick Avenue, Warwick, RI 02889. Paid subscriptions are available for \$74 per year. Web site: [www.johnstonsunrise.net](http://www.johnstonsunrise.net)

# JOHNSTON POLICE LOG

## MOLESTATION

On Aug. 25, the Providence County Grand Jury returned an indictment charging Dezmond Choquette, 22, of Johnston, with two counts of first-degree child molestation and three counts of second-degree child molestation, according to a press release from the Rhode Island Attorney General's Office.

"The alleged acts occurred in the city of Johnston between the dates of June 25, 2015, and January 24, 2023," according to the press release. "The Johnston Police Department conducted the investigation."

Choquette is scheduled to be arraigned in Providence County Superior Court on Sept. 20.

## WARRANT ARREST

Around 3:26 a.m., July 13, Warwick Police Officer Brent W. Giles was on routine patrol on Sandy Lane when he spotted a vehicle traveling west and crossing the white line on the road shoulder.

He followed the vehicle, "which then began traveling at a reduced rate of speed," according to the arrest report. "I was unable to clock the vehicle due to following distance and the speed varied. I estimated the vehicle to be traveling approximately 10 miles below the posted speed limit."

The vehicle turned left onto Bowen Briggs Avenue from West Shore Road, using a turn signal "approximately 10 feet prior to turning."

Giles initiated a traffic stop and identified the driver as Nicholas Rizzo, 27, of 264 George Waterman Road,

Apt. 11, Johnston, and after a background check they discovered he had an active arrest warrant out of Johnston Police Department.

Rizzo was arrested and transported to WPD headquarters. He was booked and processed and issued a citation for Time of Signaling Turn. Johnston Police were contacted and two of their officers responded to headquarters to take custody of Rizzo.

## NO LICENSE

Around 11:45 a.m., Aug. 10, Johnston Police Patrolman Nicholas A. Crowe was on a fixed traffic post at 1025 Plainfield St. when he spotted a silver Chevy Aveo pass by with plates that were registered to a black Jeep.

Crowe initiated a traffic stop at 1229 Plainfield St. and identified the driver as Danny Sanchez, 23, of 61 Aleppo St., Providence. A background check showed the driver's license was suspended, according to the summons report.

Sanchez was charged with Driving with a Suspended License (fourth and subsequent offense, a misdemeanor), and received citations for Driving with a Canceled Registration and Improper Use of Registration Plates. The vehicle was towed from the scene.

## SHOPLIFTING

Around 11 a.m., July 26, Johnston Police responded to a store in Johnston following the report of a shoplifting incident. Police redacted the name of the store

in the publicly available police reports.

A man was spotted filling a shopping cart full of \$1,271.76 worth of Similac (eight cases) and attempted to leave the store without paying. Employees said they would be able to identify the man if they saw him again. One employee told police she was working near the front entrance of the store when she spotted the man run past pushing the carriage full of baby formula.

Employees told police that the man ran to a white Toyota SUV driven by another man, but the store employees were able to record the plate number. Store employees also provided a regional alert flyer depicting two Hispanic men entering another store and stealing baby formula, and it appeared the men from that day's incident matched the men in the flyer.

The incident was forwarded to the Johnston Police Detectives Division for further investigation.

The SUV came back as reported stolen by the Providence Police Department on July 25.

Following an investigation, Johnston Police charged a Central Falls man in connection to the July 26 theft.

Police arrested Alexis Delgado, 30, of 49 Parker St., Central Falls, and he was charged with a felony count of Shoplifting (three or more subsequent convictions) and misdemeanor Habitual Shoplifting. He was presented as a Superior Court probation violator and a District Court bail violator, according to Johnston Police Detective James L. Seymore. Delgado was incarcerated at the ACI.

# Thrown bag of dog poop leads to DUI bust in Johnston

Sun Rise  
Staff Reports

A dog-walker's poop-bag fastball landed a Johnston man in police custody.

Around 8:50 p.m., Aug. 6, Johnston Police Sgt. Arthur Petteruti responded to the area of 456 Greenville Avenue in reference to a dispute between a driver and a pedestrian.

A woman called police to report that she was crossing the street with her dog when they were almost struck "by a speeding motor vehicle."

The dog-walker told police she "threw a bag of dog poop which hit the side of the motor vehicle; however, did not cause any damage," according to the arrest report.

The driver allegedly exited his vehicle and had an argument with the dog-walker.

Police spoke to both parties. They identified the driver as Jorge D. Cruz, 27, of 49 Homestead Ave., Johnston.

"Mr. Cruz stated he was traveling south bound on Greenville Avenue in the area of Green Valley Drive, when a

male and female walking a dog walked in front of his motor vehicle," Petteruti wrote. "Mr. Cruz stated he pulled over to the side of the road and confronted (them) regarding the incident."

Petteruti wrote in the report that he "detected a strong odor of an alcoholic beverage emanating" from Cruz's breath. His speech was allegedly slurred, cheeks rosy and eyes bloodshot and watery.

Police asked Cruz to submit to a series of standardized field sobriety tests. He consented.

Following the tests, Cruz was placed under arrest for suspicion of operating a motor vehicle while under the influence of intoxicating liquor and/or drugs. He was transported to Johnston Police Headquarters, read his rights, and permitted to make a phone call (but he declined), according to police.

His vehicle was towed from the scene. Cruz allegedly refused to submit to a chemical breath test.

Cruz was charged with DUI of Liquor or Drugs (first offense, BAC unknown). He was also cited for Refusal to Submit to a Chemical Test.

# Glocester mosquito sample is state's first to test positive for EEE this year

BY JANINE L. WEISMAN  
Rhode Island Current

A mosquito sample collected in Glocester last week tested positive for Eastern Equine Encephalitis virus (EEE), the Rhode Island Department of Environmental Management (DEM) and Rhode Island Department of Health (RIDOH) announced Tuesday afternoon.

The detection of the virus is the first in Rhode Island for 2023. The sample was collected on Monday, Aug. 21. Although extremely rare in humans, EEE can be very serious. Approximately 30% of people infected with EEE die and many survivors have ongoing neurological problems.

Unlike West Nile Virus (WNV), which is prevalent in Rhode Island every year, EEE risk is variable, changing from year to year.

The state has detected WNV in four mosquito samples so far this year. The most recent was collected in Barrington on Aug. 21. The previous three positive tests were all from mosquitos in Westerly.

To date, the Commonwealth of Massachusetts has announced 82 WNV findings and the State of Connecticut reports 63 WNV findings. Connecticut has confirmed one human case of WNV.



Neither Massachusetts nor Connecticut has reported any findings of EEE in mosquitoes, humans, or animals this year.

At this stage of mosquito season, state officials say WNV is likely present in mosquitoes statewide.

Visit [health.ri.gov/mosquito](http://health.ri.gov/mosquito) for additional mosquito prevention tips, videos, and local data. Mosquitoes are trapped weekly by DEM and tested at the RIDOH State Health Laboratories. DEM issues advisories on test results from June through September, with additional reports as necessary. Typically, positive test results trigger additional trapping to assess risk.

For more information on EEE and ways to prevent it, see RIDOH's factsheet.

**Editor's Note:** More Rhode Island Current stories can be found from the States Newsroom initiative in Rhode Island at their website, [rhodeislandcurrent.com](http://rhodeislandcurrent.com).



# I-95 WEEKEND LANE CLOSURES AT ROUTE 10 IN CRANSTON AUGUST 25 – SEPTEMBER 18



RIDOT will close lanes on I-95 at the Wellington Avenue Bridge, at the Cranston/Providence line, just north of Route 10. The closures will take place on four consecutive weekends, Friday, Aug. 25 through Monday, Sept. 18. **Travelers should expect delays and seek alternate routes such as Route 10 and I-295.**

Each weekend, lanes will be closed on both sides of the highway as RIDOT demolishes and replaces different parts of this structurally deficient bridge. The closures start each weekend at 8 p.m. on Fridays with all lanes open by 5 a.m. on Mondays. We'll keep at least two lanes open on the side of the bridge we're working on each weekend.

Also, for the week of August 28 there will be a lane split on I-95 South, and for the week of September 11, there will be a lane split on I-95 North. **All lanes go through.** This rapid approach to bridge replacement saves motorists more than two years of lane closures, shifts and splits. For more details, please visit [www.ridot.net](http://www.ridot.net).

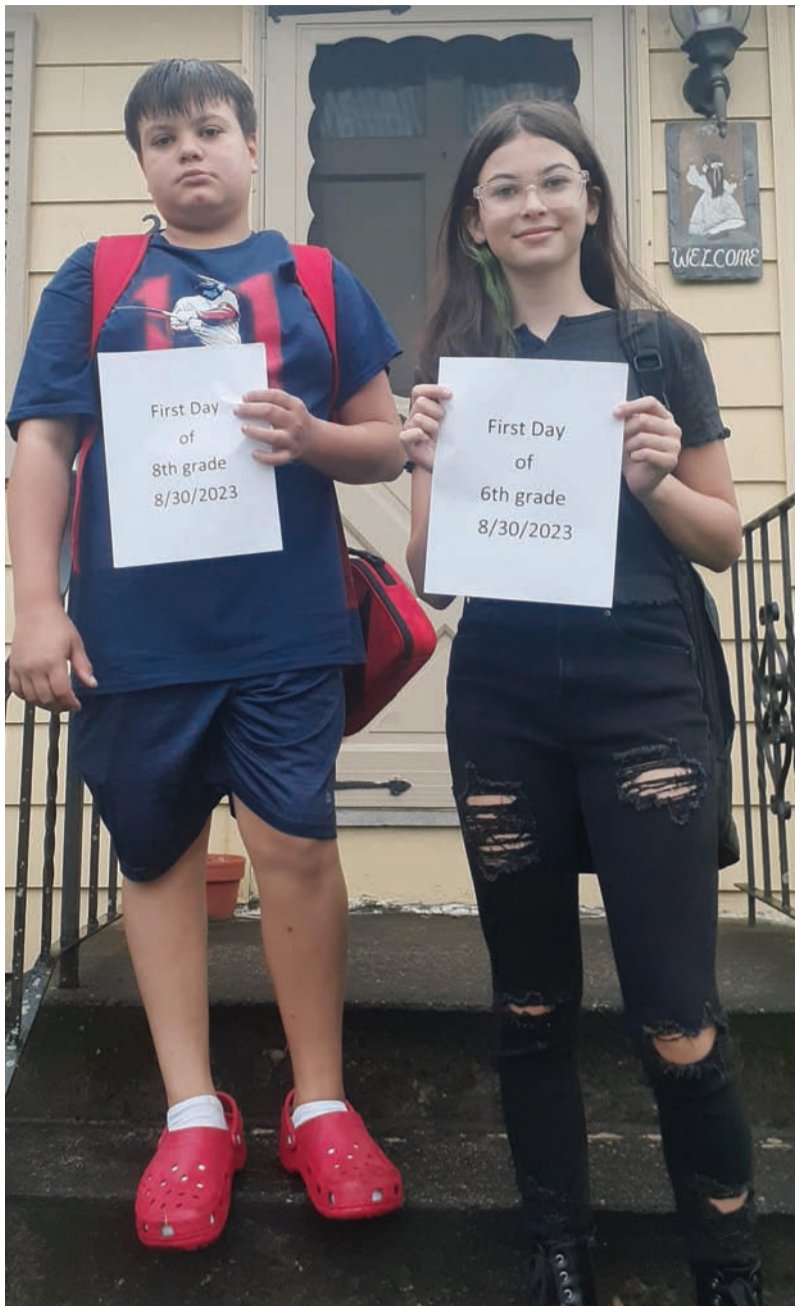


Department of Transportation  
Two Capitol Hill  
Providence, RI 02903  
401-222-2450  
[www.ridot.net](http://www.ridot.net)

# First Day Photos



Francesca Bianchi, First Grade, Sarah Dyer Barnes Elementary School



A.J. DeSimone, Eighth Grade, and Evy DeSimone, Sixth Grade



Alana Smith, Ninth Grade, Johnston Senior High School

**FIRST DAY:** Most of the youngsters in Johnston went back to school this week. If you have a back to school first day photo you'd like to share, email it to Johnston Sun Rise Editor Rory Schuler at rorys@rhodybeat.com, and we'll publish it over the next couple weeks. Don't forget to include a caption with the student's first and last name, grade and school. *(Submitted photos)*



Nicholas Smith, Eighth Grade Ferri Middle School



Aria Simeon, Fifth Grade Sarah Dyer Barnes Elementary



Kenny Davila, Sixth Grade Ferri Middle School

iii RISLA  
College Planning Center

JOIN US FOR THE ANNUAL  
**COLLEGE FAIR**

- 6 PM to 8 PM
- Tuesday, September 19, 2023
- The Warwick Mall
- Free Admission & Parking

This event is an opportunity to meet with several local and regional college representatives.

REGISTER FOR THE EVENT AT  
[collegeplanningcenter.org](http://collegeplanningcenter.org)



**NEAR MISS:**  
Bobby Baccala stands next to his neighbor's house with Don Sepe, a tree surgeon with RI Tree & Landscaping. An approximately 65-year-old red oak fell onto the private street that accesses his home and the home seen here. His house is behind, obscured by the fallen trees. Baccala was drenched in sweat and rainwater after trying to cut his way free from his house following the Aug. 18 storm.  
(Sun Rise photo by Rory Schuler)



Advertise Today  
732-3100

■ **Damage**

(Continued from page 1)

Declaration from the Small Business Administration. The damages from the tornado fall under a FEMA Disaster Declaration ... Most importantly, in order for the Governor to request a FEMA Disaster Declaration, the State must validate damage estimates from Providence County that are equal to or above the thresholds listed below. The sum of damage estimates from all cities and towns in Providence County must meet the threshold. Per FEMA Policy, the State has 30 days from the event date to request a FEMA Disaster Declaration.

How much havoc did the Aug. 18 tornado cause in Johnston?

The town's emergency responders say they need to hear from property owners whose homes, yards and businesses sustained damage during the storm.

"The damage assessment will be utilized to determine if the extent of the damage caused by the weather event/ tornado qualifies for a federal declaration, making the state eligible to receive federal assistance," said Johnston Police Chief and Emergency Management Director Mark A. Vieira. "In order to conduct the damage assessment, all Johnston homeowners and businesses (affected) by the storm are being asked to report any costs they

incurred."

Town officials are also working with the Rhode Island Emergency Management Agency (RIEMA) to "assess the extent of damage and costs resulting from the storm/tornado." Home and business owners affected by the storm are asked to email any incurred costs to Vieira at [EMA@johnstonpd.com](mailto:EMA@johnstonpd.com).

"This includes costs for debris removal and property damage, even if it is covered by insurance," Vieira explained. "Although federal funding is not guaranteed, this is the first step in the process to recoup costs associated with the storm."

Polisena stressed how vital the relay of damage estimates is to the disaster declaration process.

"The more people that apply, the greater chance the Town has for a disaster declaration," he explained. "The best way for them to apply is to submit their vendor quotes and bills for any costs incurred to mitigate damage from the tornado."

The mayor referenced the recent fire on Block Island and Gov. Dan McKee's subsequent disaster declaration.

"We don't have a firm number for town-wide damage yet but this will help us determine that number," Polisena replied when asked for Johnston's current post-tornado damage estimates.

If your property sustained damage, send your Tornado Damage Assessment e-mail to [EMA@johnstonpd.com](mailto:EMA@johnstonpd.com),

and "provide your property address, contact information, and a description of your incurred damage or costs directly related to this weather event," according to town officials. "Also submit by email any costs or assessments from your insurance provider or vendors providing service or quotes (other damage should be listed with a "best estimate")."

"It's very important that all residents affected by the tornado submit their claims to the Chief Vieira to determine if they're eligible for reimbursement," Polisena wrote.

Property owners are also encouraged to provide "provide photographs to support the damages" if available. Damages and costs can include (but are not limited to) structural damage to residence/buildings or outbuildings, property damage (vehicles, landscape & outdoor furniture) and debris removal.

Residents can also call Chief Vieira at 401-757-3116 "in order to make arrangements to submit your documentation." Electronic submissions, however, are encouraged.

"What are the thresholds (of damage) the County needs to meet?" Randolph asked.

"FEMA policy, threshold indicators are determined by State and County Per Capita data," he explained. "Providence County threshold is \$2,933,691.00 (County Population x \$4.44). The State threshold \$1,942,361.00 (State Population x \$1.77)."

Will Johnston cross the damage threshold?

Vieira refused to speculate.

"At this time I am unable to answer this question," he said Wednesday morning. "I'm still in the process of collecting the required data to submit to RIEMA who will validate the damage estimates from impacted communities and determine if the threshold was met."

- Thank you

**Local. Trusted. Secure.**  
A friend to your community for over 75 years.

**5.15% APY\***  
12-MONTH CERTIFICATE

**4.50% APY\***  
6-MONTH CERTIFICATE

Visit [cranstonmecu.org](http://cranstonmecu.org) or call 401-463-3010.

Limited Time Offer

**CME CREDIT UNION**  
Where Your Story Matters

\*APY=Annual Percentage Yield. Rates are subject to change without notice and may change monthly. Minimum balance to open is \$500. Fees may reduce earnings on the account. Other conditions may apply. Federally-insured by National Credit Union Administration. We do business in accordance with the Fair Housing Law and Equal Opportunity Credit Act.

**Rhode Island**  
T. F. Green International Airport

**TAKE OFF WITHOUT THE TRAFFIC FLY RI!**

MORE THAN 30 DESTINATIONS FROM NASHVILLE TO LA TO CHICAGO

**Obituaries**

In your time of need, the *Johnston Sun Rise* will print your loved one's full obituary for a small charge. The paper also places the obituary on our website, [johnstonsunrise.net](http://johnstonsunrise.net).

Should you desire our services, kindly inform your funeral director, or call (401) 732-3100 or email [Obits@rhodybeat.com](mailto:Obits@rhodybeat.com) for additional information. Obituary prices start at \$60. You may include the obituary in any of our other newspapers for half price.





**FAMILY BUSINESS:**

Robert Grieco, Pre-Owned Director and Grieco Auto Group Partner, hugs Lacie Messier, mother of Ciarra Muller, an incoming college freshman with SMA. The Auto Group presented Muller's family with a Honda Odyssey EX, fully equipped to accommodate a wheelchair, during a ceremony at Grieco Honda in Johnston last week. (Sun Rise photos by Rory Schuler)

**Van**

(Continued from page 1)

Grieco Honda's owners heard about Muller's situation and decided to donate a Honda Odyssey EX, "fully equipped to accommodate a wheelchair."

"We're grateful beyond words," Messier said just before she and her daughter left the safety of a back waiting room and approached the center of the massive showroom, which had been cleared at the center for a presentation ceremony.

Muller's eyes and smile were wide. Her large family followed closely behind. Grieco's giant pool of employees formed a half-circle, welcoming the student with applause.

In addition to the van, Robert Grieco, Pre-Owned Director and Grieco Automotive Group Partner, presented Muller with an oversized ceremonial check for \$3,000 "for school supplies."

"The family was in need of adequate transportation to commute Sierra to and from medical appointments," according to a press release

distributed by Grieco Auto Group.

Muller, an incoming freshman, started attending classes at the Community College of Rhode Island, earlier this week.

Sierra plans to study journalism and considers herself both a "Swiftie" and a "Marvel fanatic."

She "was born with SMA, a genetic condition, that requires special equipment such as wheelchair, feeding tube and nighttime breathing machine," according to the Grieco Auto Group press release. "In addition to writing, Sierra enjoys spending time with her three older sisters, listening to music (especially Pink and Taylor Swift), watching movies and playing Pictionary."

Grieco Automotive Group is a family business that traces its roots back to the mid-1970s.

"Grieco Automotive Group all began with Michael Grieco Sr. who ventured into the automotive industry in 1975 and opened his first collision center, Universal Claim Service," according to an online history of the dealership. "This led to the opening of Vantage Motor Sales in 1979. Then, in 1995, he acquired his first new car franchise, Metro Honda, now known as Grieco Honda. As

the years passed and with the acquisitions of more franchises, Grieco Automotive Group was created to handle the company's growing automotive business."

The group owns three dealerships in Johnston, along Hartford Avenue (Route 6), just off Interstate 295.

They now own six dealerships in Rhode Island and Massachusetts, seven in Florida and one in California.

"We were extremely touched by Ciarra and her story," said Robert Grieco. "It was an honor to help this remarkable young lady as she pursues her dreams."

After hugs and tears, the family's new van was opened for inspection. Muller checked out the ramp.

She tried it out a few times, and Grieco said they may need to make a few final adjustments to ensure everything worked smoothly. (They also plan to cover all the van's regular maintenance: oil changes, etc.)

They handed Messier the keys and she climbed into the driver's seat and started up the van.

The crowd burst into applause. Messier honked the horn. Now her daughter was really ready for the first week of school.



**GRATEFUL GUESTS:** Ciarra Muller waited inside Grieco Honda's two-story showroom, with her mother, Lacie Messier. Muller was set to start as a freshman at Community College of Rhode Island, earlier this week. Grieco Auto Group presented her family with a Honda Odyssey EX, fully equipped to accommodate a wheelchair. (Photo courtesy Grieco Auto Group)

**CRANSTON 2023 Greek Festival**  
**September 8, 9 & 10**  
 Friday 5-10pm • Saturday 12-10pm • Sunday 12-8pm  
 ODYSSEY DANCE TROUPE PERFORMANCES  
 Friday 7pm • Saturday & Sunday 4 & 7pm  
 Rain or Shine - Under the Tents  
 Greek Food  
 Live Greek Music & Dancing  
 Lots of Family Fun!  
**FREE ADMISSION**  
**FREE PARKING**  
 Shuttle Buses at Cranston H.S. West Running Continuously  
 Church of the Annunciation  
 Greek Orthodox Parish of Greater Providence  
 175 Oaklawn Ave. (Rte 5) • Cranston, RI  
 (401) 942-4188  
 www.annunciationri.org

**AURORA FUEL CO.**  
 SINCE 2007  
 Quality Fuel at a LOW Price!  
**Heating/AC Repair • Service • Cleanings**  
 AC, Furnace, Boiler and Oil Tank Installation & Replacement  
 Automatic Delivery Available • Heating Assistance Vendor  
**CALL FOR LOWEST PRICE!**  
 Aurora Fuel Heating & Air Conditioning  
**401-823-5996**  
 www.aurorafuelri.com LIC#31

**GLOBAL LEADER**  
 FOR ROBOTIC-ASSISTED HIP AND KNEE REPLACEMENT  
 17 Ortho Rhode Island Surgeons • 25,000+ Procedures and Counting!

**LEARN MORE ABOUT ROBOTIC SURGERY FOR KNEE, HIP, AND SPINE**

**TUESDAY, SEPTEMBER 12**  
 6-7:30 P.M. • PROVIDENCE MARRIOTT  
 One Orms Street, Providence, RI

- Meet a panel of globally-recognized Ortho Rhode Island surgeons who perform orthopedic surgery at South County Hospital.
- Learn how our 8 surgeon-directed robots deliver unparalleled precision for joint replacements and spine surgery.
- See how our innovative, forward-thinking approach leads to a faster recovery process with less pain, while regaining their mobility and quality of life.
- Discover why South County Hospital is ranked in the top 5% nationally for patient experience.

**TICKETS ARE FREE**  
 Scan QR code or visit [southcountyhealth.org/ortho](https://southcountyhealth.org/ortho) to register for this event.

**CENTER FOR ADVANCED ORTHOPEDIC SURGERY**  
 SOUTH COUNTY HEALTH  
 To schedule an appointment, call Ortho Rhode Island at 401-777-7000  
 Learn more about the Center for Advanced Orthopedic Surgery at South County Hospital at [southcountyhealth.org/ortho](https://southcountyhealth.org/ortho)

New England's Classic Hits  
Music Station



Kiki Dot FM



# SUN RISE SCOOPS

## Sun Rise Staff Reports

Sept. 7-10

### Our Lady of Grace Feast & Festival

Our Lady of Grace Church in Johnston has set the dates for it's the annual Italian Feast and Festival 2023 in honor of La Madonna Della DiFesa.

The 2023 festival will begin on Wed., Sept. 6 with a 6 p.m. mass followed by a candlelight procession and rosary. He said the carnival rides on Rockwell Amusement's Midway along with games and all food booths will open Thurs., Sept. 7 at 5 p.m. Known as one of Rhode Island's most popular summertime events the Italian Feast and Festival will continue through Sun., Sept. 10, with a grand raffle drawing for \$7,000 in prizes.

"Admission is always free," Father Gower said. "We're bringing back the Big Top and all events will be held rain or shine."

Also, the 2023 Fest and Festival will have a first on Sun., Sept. 10, when The Most Rev. Richard D, Henning, D.D., S.T.D., Bishop of Providence, will be the main celebrant and homilist at the 10:30 a.m. mass with Father Gower serving as Celebrant.

house plant nurseries and to speak to an OSOS member to get care instructions to help ensure growing success! Complimentary refreshments will be available. Public is welcome and encouraged to attend.

Sept 10

### The Kerri McClean "Vision of Hope" Cancer Walk

On Sun., Sept. 10, The Kerri McClean "Vision of Hope" Cancer Walk will be held at Warwick City Park, Asylum Road Buttonwoods/Warwick, with registration at 9:30 a.m. Registration fee: \$30pp. The 14<sup>th</sup> annual walk is to benefit women with gynecological cancer and their families. Proceeds go to the "Women in Need Fund" and the "Integrative Care Service Fund," programs at Women & Infants Hospital in memory of Kerri McClean who succumbed to a five-year battle with cervical cancer in 2009. Baskets and gift cards will be raffled. Refreshments will be provided. For more information: Carla at 401-829-1670.

Sept. 11

### Square Dancing

On Mon., Sept. 11, Swing Squares is hosting a free, first class on square dancing from 7 - 9 p.m. at the Oaklawn Community Baptist Church (in the hall at the back of the church), 229 Wilbur Ave. Cranston. Swing Squares is also seeking new members. No partner, special clothing or experience required. Contact: Lisa Breault (401) 524-7610 for more information. Great way to stay in shape, make friends and have fun!

Sept. 11

### The Comedy Course

Mon., Sept. 11 at 7 p.m., The Comedy Course is returning for a 6th year, every Monday night for 6 weeks. Three instructors, with over 100 years of combined stage experience, will guide you on a 6-week journey from writing your first joke to performing your debut comedy routine. You will learn the dos and don'ts of standup comedy and have fun doing it. The course is \$200 per person. The place TBD. Instructors include: Joe Hebert, Coleen Galvin and John Perrotta. Class size is limited. Call John Perrotta at 401-639-7726 to reserve your seat, now. Payment options are available.

Sept. 9

### The Hope Historical Society Annual Meeting

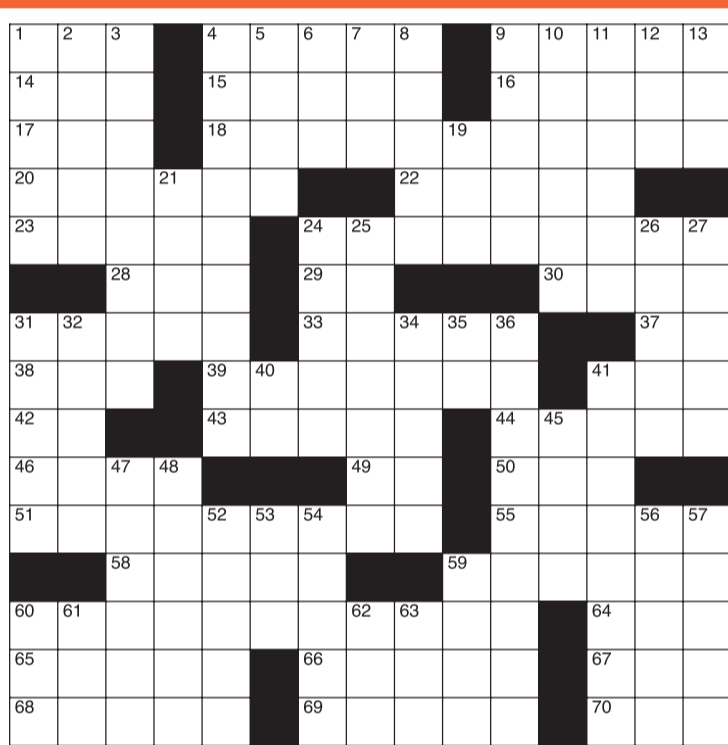
On Sat., Sep. 9, at 2 p.m., at the Howland Barn, 35 Ryefield Road, Hope, The Hope Historical Society invites the community for the kick off a new program year with a 2023 Archives Presentation. The election of Hope Historical Society officers will take place during the Annual Meeting with the Archives Presentation to follow. Refreshments will follow the Archives Presentation. For more information, please go to the HHS Facebook page: Hope Historical Society, Hope, RI.

Sept. 9

### Ocean State Orchid Society Auction

On Sat., Sept. 9, the Ocean State Orchid Society will hold an auction from 12:30 p.m. (preview), start time: 1 p.m., at Rocky Hill Grange, 1340 South County Train, East Greenwich. Entrance in rear. A variety of Phalaenopsis, Brassavola, and other orchid genera will be available for auction. Come purchase orchids not commonly available at big box stores and

# CROSSWORD PUZZLE CORNER



## CLUES ACROSS

1. Midway between east and southeast
4. At right angles to a ship's length
9. William Penn's business partner
14. \_\_\_ de plume
15. Accomplished soccer coach
16. Bone cavities
17. \_\_\_ juris: independent
18. Popular Philly sandwich
20. Northern Ireland county
22. Performing artist
23. S S S
24. Lacks flavor
28. Commercials
29. Anno Domini (in the year of Our Lord)
30. Qatar's capital
31. Indigenous peoples of Alberta
33. Popular footwear
37. Indicates position
38. Anglican cathedral

39. Aircraft part
41. Before
42. Blood group
43. Secretory organ
44. Fencing swords
46. The small projection of a mammary gland
49. Technological advancement
50. Male parent
51. Dissociable
55. More cold
58. Cape Verde Islands capital
59. Blood disorder
60. Creative
64. Sun up in New York
65. Made angry
66. Relieves
67. Brooklyn hoopster
68. Seasonings
69. Movable barriers
70. Attempt

## CLUES DOWN

1. Occur as a result of

2. Spiritual essences
3. Representative
4. Entering
5. Nobel Prize-winning physicist
6. Midway between northeast and east
7. Consumed
8. Tablelands
9. Kids' craft accessory
10. Not known
11. Sound directed through two or more speakers
12. A major division of geological time
13. Wild ox
19. Shock treatment
21. Turner and Lasso are two
24. Genus of flowering plants
25. Relating to ductless glands
26. Stock certificate
27. Satisfies
31. Places to enjoy a rest
32. Edward \_\_\_, author and writer
34. "\_\_\_ but goodie"
35. One hundredth of a liter
36. Shabbiness
40. TV personality Roker
41. Triangular upper part of a building
45. Speed at which you move
47. Offend
48. A reference point to shoot at
52. Forays
53. Biblical city
54. Blatted
56. Northern sea duck
57. Shabby (slang)
59. Allege
60. Tax collector
61. Whereabouts unknown
62. Chinese philosophical principle
63. Indicates equal

## SCOOP OF THE WEEK

Sept. 9-10

# Apple Festival returns for 35<sup>th</sup> Year



**AN APPLE A YEAR, AT LEAST:** On the weekend of Sept. 9 and 10, the 35th Annual Apple Festival will return to Johnston's Memorial Park. Check next week's print edition of the Johnston Sun Rise for all the details, a list of vendors and a map of the festival. This year, the sponsoring orchard has new owners and the entire festival has a new organizer.

ALWAYS  
STAY  
HUMBLE &  
KIND



cherry hill manor nursing & rehabilitation center

# SUN RISE SCOOPS

Sept. 13

NAMI-RI: Fall

## "Family-to Family" Course and Support Groups

The Rhode Island Chapter of the National Alliance on Mental Illness (NAMI-RI) is now accepting registration for their Fall session of which begins Wed., Sept.13, at 6:30 p.m. This is a free, virtual, 8-session educational program for family, significant others and friends of people with mental health conditions. It is a designated evidence-based program, which means that research shows that the program significantly improves the coping and problem-solving abilities of the people closest to a person with a mental health condition. NAMI-Rhode Island's Family-to-Family course is taught by trained family members who have lived experience with a loved one, and includes presentations, discussions and interactive exercises. For more information on the Family-to-Family curriculum and registration requirements, visit [namirhodeisland.org](http://namirhodeisland.org) or call 401-331-3060 or email [beth@namirhodeisland.org](mailto:beth@namirhodeisland.org)

Sept. 23

## Annual Race for Matt & Grace (partially named for Johnston's Matt DiIorio).

The race was started in Sept. of 2010 by Katie Hopkins and her brother Patrick in honor of their cousin Grace Hopkins who was diagnosed with FA September of 2008. The race was called "The Race For Grace" with about 70 participants, according to the event's website. At the after party for the race in 2012, Katie and Patrick announced they were changing the name of the race to "The Race for Matt and Grace" to honor the fight of both families.

"We invite you to join the families of FA patients Matt DiIorio, Grace Hopkins, and Alex Fielding on Sept. 23, 2023, at Rhode Island College in Providence for the 13th Annual Race for Matt & Grace," declares Matt's friends and family. "This daylong event features a 5K, 1.5 Mile Fun Walk and an after-party with food and live entertainment."

You can sign up at their website: [give.curefa.org/event/fara-5k-or-race-for-matt-and-grace-2023/e489319](http://give.curefa.org/event/fara-5k-or-race-for-matt-and-grace-2023/e489319).

Race registration runs from 8:30-9:30 a.m., followed by a speaking program and the race fires off at 10 a.m.

Sept. 30

## Pilgrim High School Class of 1983

Sat., Sept. 30, Pilgrim High School Class of 1983 will hold its 40th Reunion at Quonset Tavern by the Green, 615 Callahan Road, North Kingstown. For more information, please email [pilgrimclass1983@gmail.com](mailto:pilgrimclass1983@gmail.com) or visit our Facebook page Pilgrim High School Class of 1983. Hold the date!

Oct. 4

## Brown University Lecture Series

On Oct. 4, at 6 p.m. Brown University presents: Maggie Millner. Maggie Millner, poet and author of Couplets delivers a lecture at 6 p.m., Oct. 4, at Brown University. This event is free and open to the public! Please visit [go.brown.edu/nonfiction\\_now](http://go.brown.edu/nonfiction_now) for more information about the venue, Maggie Millner, and the Nonfiction@Brown lecture series.

Oct. 7

## Spartan DEKA MILE

On Oct. 7, at It Starts Here Fitness (ISHFitness), 380 Jefferson Blvd., Suite G, Warwick, from 8 a.m. to 2:30 p.m., will be holding the Spartan DEKA MILE: Operation Enduring Warrior (OEW) Fundraiser.

Looking for police, fire, military, troopers, and civilians to compete in a friendly competition for a great cause. Race individually or with a partner, and each racer will receive a DEKA T-shirt and medal. 50% of all ticket profits to benefit Operation Enduring Warrior (OEW). Spartan DEKA MILE consists of (10) functional training zones each preceded by a 160-meter run (1 mile of total distance running). Tickets: \$35 single and \$49 2-person teams.

Oct. 22

## SXA Homecoming

A celebration for the class of 1973 will be held on Oct. 22, with an 11 a.m. Mass at St. Timothy Church, 1799 Warwick Ave., Warwick, immediately followed by lunch at the Crowne Plaza, 801 Greenwich Ave, Warwick. The class of 1973 will celebrate their 50th anniversary. Gold rosaries will be blessed and distributed to graduates during Mass. Scholarships will be announced during lunch. For more information contact Margaret Mathias, 401-232-9006.

## NAMI-RI Offers Family Support Groups

The RI chapter of the National Alliance on Mental Illness (NAMI-RI) offers free support groups for families and friends of loved ones who are struggling with their mental health. The groups are led by trained facilitators who also have lived experience as family members themselves. The group meetings last about 1.5 hours, and everyone who participates in the meeting gets a chance to share. The other members of the group try to offer help and resources, when appropriate, based on their own experiences. More information and full schedule can be found at [namirhodeisland.org](http://namirhodeisland.org) or call 401-331-3060. No pre-registration for these monthly groups is necessary.

First Thursday at 6 p.m. IN PERSON ONLY at the Rochambeau Library in the Community Room, Rochambeau Library, 708 Hope Street, Providence (NEW-starts Aug.)

Second Tuesday at 5 p.m. IN PERSON ONLY at the Middletown Public Library in the Community Room. Middletown Library, 700 West Main Road, Middletown.

Third Tuesday at 6:30 p.m. MEETS VIA ZOOM ONLY. Please call 401-331-3060 or email [info@namirhodeisland.org](mailto:info@namirhodeisland.org) for the Zoom link.

Fourth Wednesday at 6 p.m. IN PERSON ONLY at the Hope Valley Grange, #71116 Main St, Hope Valley.

## Soul of '71 Scholarship Fund

The Johnston High School Class of 1971 is raising donations for The Soul of '71 Scholarship Fund at the Rhode Island Foundation. A generous donor has offered a \$4,000 challenge! The donor will match all gifts to the Fund up to a total of \$4,000. The Class of 1971 initiated the fund on the occasion of its 50th reunion in 2021. Each year a scholarship will be awarded to a Johnston High School Senior planning to attend a college, university, trade or technical school. Donations are tax deductible according to your filing status. To donate, go to the following website: [www.rifoundation.org/funds/soul-of-1971-scholarship-fund](http://www.rifoundation.org/funds/soul-of-1971-scholarship-fund).

## Low-Income Home Energy Assistance

More than 1 in 4 US households struggle with their home energy bills. The Low-Income Home Energy Assistance Program (LIHEAP) can help keep the heat on. The Tri-County LIHEAP Program helps to cover the cost of home heating bills for those that qualify.

Visit [www.tricountyri.com](http://www.tricountyri.com) for more information about the LIHEAP program, and other weatherization programs that can help to reduce your home energy bills. To apply for LIHEAP, or to see if you qualify, contact them at 401-519-1913. The Tri-County LIHEAP program has locations in North Providence and North Kingstown.

## Neighborhood Watch

The 2022 season of Johnston's Neighborhood Watch has officially kicked off. This Neighborhood Watch brings together residents who want to make their neighborhood safer by collaborating with members of the police department. The program pairs residents with Johnston Police officers in an effort to open up communication, meet other neighbors and create partnerships that help build community resiliency.

## Help OSDRI

### restock their pantry!

Operation Stand Down Rhode Island needs your help. Their food pantry needs a major restocking. See a list of needed nonperishable items in the photo.

Like many people, OSDRI's clients have been faced with some real obstacles these past couple of years. With your help, they pledge to always be there to give a hand up for veterans and their families in need.

Items can be dropped off Monday through Friday, from 9 a.m. to 4 p.m., at OSDRI's main office, 1010 Hartford Ave., Johnston. If you have any questions or would like more information, call the OSDRI office at 401-383-4730.

## Johnston Youth Soccer registration

Registration has opened for Johnston Youth Soccer's 2023 fall season (which runs from the end of August through the beginning of November). The league is now accepting registrations, according to a flyer posted by the Johnston Recreation Department.

The price includes a jersey, socks and insurance (\$75 for an individual 4-year-old clinic, \$60 for each additional sibling; \$85 for U6-U14 individual, \$75 for each additional sibling).

The 4-year-old clinic will be held on Saturday mornings. Under 6 co-ed will hold practice on Tuesday and games on Saturday. The U9 Boys and Girls will practice on Wednesday and play games on Saturday. The U12, U14 Boys and Girls will practice Thursday with Saturday games (ages as of Sept. 1, 2023).

"Please help spread the word and refer friends to play," organizers ask Johnston residents. "If we do not have enough players for an age group, we will need to make a co-ed league."

You can register in person at the Johnston Recreation Office in Memorial Park, Monday through Friday, from 8:30 a.m. to 4:30 p.m. (or mail forms and check to 1385 Hartford Ave., Johnston RI, Attn: Johnston Recreation Department).

Sponsors and volunteer coaches are still needed. Go to [www.johnstonrec.com](http://www.johnstonrec.com) for more information.

**Editor's Note:** Send submissions to Sun Rise Editor Rory Schuler at [rorys@rhodybeat.com](mailto:rorys@rhodybeat.com) or Front Desk Coordinator Ida Zecco at [idaz@rhodybeat.com](mailto:idaz@rhodybeat.com). Photos in jpg format are accepted and news can include community events, promotions, academic news and nonprofit events. Email today and see your news in our column in the Johnston Sun Rise. Please include a daytime telephone number in case we require any further information.

**WANTED**  
Junk/unwanted vehicles  
Call Anytime  
Top \$ Paid  
You Call, We Haul!  
**401-451-8520**

**Advertise today!**  
Call 732-3100

**Brilliant Basement Waterproofing, LLC**  
Over 36 Years Combined Experience  
Egress Windows, Foundation Repair, Crack Sealing, Sump Pumps, Pumps Eliminated in Most Homes, Yard Drainage  
HIC. 0653192 • RI Lic. #43473  
CALL US  
**401-541-5985**  
[www.brilliantbasementwaterproofing.com](http://www.brilliantbasementwaterproofing.com)

**GOULIN STORAGE**  
**STORAGE CONTAINERS FOR RENT**  
Stationary at our Johnston location or mobile at your location for a monthly rental fee.  
**401.837.0048 or 401.626-8737**  
Call for our pricing & incentive programs for long term use.  
VERY COMPETITIVE RATES, FAST, RELIABLE COURTEOUS SERVICE  
**YARD DEBRIS, JUNK REMOVAL and MORE!**  
10, 15, 20 & 30 yard containers placed at your location  
Call for pricing and availability.  
**401.626.8737 or 401.837.0048**

**HOME LOAN INVESTMENT BANK**  
**Soaring Savings**  
**5.10% APY**  
**NEW LOCATIONS!**  
3803 Post Rd Warwick, RI 02886  
187 Wickenden St Providence, RI 02903  
2381 Post Rd Warwick, RI 02886  
Annual Percentage Yield (APY) is effective as of 8/9/2023 and subject to change thereafter. \$25,000 minimum daily balance is required during each monthly cycle period to earn interest. Other fees and/or charges may apply and could reduce earnings.

**1933 CELEBRATING 90 YEARS 2023**  
**"SLEEK, ENERGETIC, EXCITING ... OH, WHAT A NIGHT!"**  
- BROADWAYWORLD  
**JERSEY BOYS**  
The story of Frankie Valli & The Four Seasons  
**ON STAGE THRU SEPTEMBER 10**  
BILL HANNEY'S **THEATRE BY THE SEA**  
THEATREBYTHESEA.COM  
401.782.TKTS (8587)  
364 CARDS POND RD. WAKEFIELD, RI  
FOLLOW US @OFFICIALTBTs

# ANIMAL TALK

By Karen Kalunian  
Local Adoptable Loveable



Photo credit: Brielle MacDonald

## Luca

Luca loves to be with you! He is in search of someone who is home more often than not, he has some separation anxiety but is such a sweet boy! He is a seven year old Boston Terrier with the cutest face and a long wagging tail! If you work from home or are retired and looking for a loyal loving companion, Luca might just be the boy for you! He has lived with cats in the past too. If his face speaks to you, please contact Save One Soul Animal Rescue by emailing [jocelyn@sosar1.org](mailto:jocelyn@sosar1.org) Please spread the word about this sweet little guy, he deserves all the love in the world!

If you have been thinking of adopting or know of an animal in need, please contact Karen directly at [animaltalk1920@gmail.com](mailto:animaltalk1920@gmail.com)



Photo credit: FOHARI

## Max

Max is just too good to be true! Just look at how handsome he is, you can't take your eyes off of him! Max is just two years old and is a little shy till he gets to know you but once he does, he's a love! If you'd like to meet Max, please contact Friends of Homeless Animals via email [sandralamb@comcast.net](mailto:sandralamb@comcast.net) for more information. Maybe Max will become your new best friend! You can also visit their website <http://www.fohari.org> for an adoption application.



**SPECIAL SUPPORTERS:** Those family members of the Richard Rocco Gemma who attended Sunday's 4th Annual Memorial Service, are Nick Girardi, Ariana and Sophia Carvajal, Stephanie Sirago, Kathy Gemma, Richard Gemma, Anna Sirago, Noel Sirago, Tony Sirago and Richard Girardi. (Sun Rise photos by Pete Fontaine)

# JFD honors Gemma family at memorial service

By PETE FONTAINE

"I know Richard would be proud of this beautiful ceremony," Kathy Gemma was saying Sunday morning while remembering her late son Richard Gemma. "This is such a wonderful tribute to him; my husband and I really appreciate the Johnston Fire Department doing this to remember and honor him."

Each year since his tragic passing back on August 27, 2019 when he was killed in a motorcycle accident 100 yards from his home in Cranston, the Johnston fire Department has held moving memorial service to honor a firefighter who Deputy Chief Richard Boehm said, "was a great guy with a good sense of humor who was generous and loved helping people in need; he was also well-respected by members of the department."

That's why many members of the close-knit brotherhood attended Sunday morning's two-part memorial tribute for Richard Rocco Gemma, 45 - whose father Richard Gem-

ma Sr. served on the JFD for over 25 years -- at JFD headquarters on Atwood Avenue in Johnston.

After Boehm issued a heartfelt welcome on behalf of the JFD brotherhood, a host of Gemma's family members and many firefighters stood inside the station and listened as Rev. Richard Narciso, the popular pastor at Saint Robert Bellarmine Church who serves as JFD Chaplain, delivered a beautiful prayer and blessed the late Gemma's locker that remains filled with his gear and will bears his name.

There was another special yet tear-jerking moment as people took a picture of the backside of t-shirts people were wearing that read "Rest in Peace" featuring Gemma's number 146 - Engine 3 Johnston Fire Department and official JFD logo.

Almost as soon as people went outside the JFD headquarters, people offered: "This place looks so great; what a difference from what once looked like a cow pasture and is now a pristine park with great

green grass" as Bonham explained "is maintained by (firefighter) Lt. Paul Livoli along with a group effort with the help of firefighter Chris DeFino and DPW."

As he has during since Gemma's tragic passing back on Aug. 27, 2019, Father Narciso offered special blessings and prayers while standing beside the Snow Fountain Weeping Tree the JFD family planted in their late brother's memory along with not one but two memorial plaques in his honor.

Those plaques read: "In memory of our brother Firefighter Richard Gemma - Always Remembered - Never Forgotten. Jan. 29, 1974-Aug. 27, 2019."

"We still miss him dearly," Kathy Gemma said of her son who was hired by the JFD back in April of 2013 and was a graduate Cranston High School East. "It's always a sad day, but my husband and I are very appreciative for the fire department taking time to do this for our son Richard."



**BROTHERHOOD BUDDIES:** Many members of the Johnston Firefighters showed up at headquarters Sunday morning to pay tribute to their late and beloved brother Richard Rocco Gemma who was tragically killed in a motorcycle accident just 100 yards from his home in Cranston back on Tuesday, Aug. 27, 2019.

# The best of the district's best

## Sue Parillo selected as 2023 District Teacher of the Year

By PETE FONTAINE

Susan K. "Sue" Parillo, the Health and Physical Education Teacher at Winsor Hill Elementary School, is an extraordinary example of caring with class.

Her entire career, in fact, has been filled with lessons of love for all her students, colleagues and their families.

Which is why, people associated with public schools in Johnston will tell you, Parillo was selected as the District Teacher of the Year for 2023.

Ever since 1999, when she became a member of the Johnston School Department, Parillo has developed countless important health and physical fitness programs and has been honored with 13 award recognitions, including a nomination for the prestigious Rhode Island Teacher of the Year.

Moreover, she has mentored student-teachers through the years, many of whom have gone on to achieve many impressive accomplishments and have earned local, regional and in some cases national awards.

"Through her focused, unflappable and pragmatic approach to education and her many years of service, Susan has continuously created a learning environment that is student centered, safe, socially and instructionally focused," said Dr. Bernard DiLullo Jr., Superintendent of Johnston Public Schools. "I have known Susan throughout my tenure in Johnston and she is truly an educator who cares, honors and values all students and their families."

Which is why DiLullo, as well as parents and people like Robin Kirkwood Auld, an associate professor of health and physical education at Rhode Island College will tell you, "It was clear that Susan was the logical and deserving choice for District Teacher of the Year; she does so much for our students and community."

DiLullo then added: "Susan has been with the district for over 22 years and is a teacher who strongly believes in wellness literacy for all students. As she points out in her teaching philosophy, "Children must be healthy in order to learn and must learn in order to be healthy."

That's why the 1988 Rhode Island College graduate has been recognized for so many initiatives and activities. To name a few, the Larry Poteat Distinguished Volunteers Award with the Distinguished Young Women program/Be Your Best Self program and RIC Outstanding Alumni Award.

She also led Winsor Hill to be recognized as Kindness Certified School and one of the top schools for the Kids Hart Challenge.

Susan is also the creator and organizer of many school-based cares campaign including pediatric cancer for Hasbro Children's Hospital, the Gloria Gemma Breast Cancer Foundation, Great Kindness Challenge and Pancreatic Cancer network.

Parillo has organized food drives, and efforts to support the American Heart Association, the Ukraine Red Cross, autism and mental health awareness and even Operation Stand Down Rhode Island.

At one point, she served as head cheerleading coach at JHS and developed her squads into an award-winning precision group that ranked among the best in the state.

"Mrs. Parillo has graciously shared her expertise in almost all facets of our collaborative relationship," DiLullo emphasized. "She goes well beyond what is expected of a veteran teacher and always as the best interest of her students in mind; Susan has given back in the profession with her efforts to prepare future health and physical educators."

Through it all, she will tell you: "I truly believe this (District Award) recognition goes to all our district teachers. I do not think everyone should get a trophy; this is finitely an award that should be shared. Teacher work incredibly hard to give the best of themselves every day to the students."

Earlier this week, Amy Wheeler, a teacher at Nicholas A. Ferri Middle School, was voted 2024 District Teacher of the Year.

Thus, Susan Parillo said: "I look forward to giving Amy all the support she needs as she participates for state teacher of the year."



**TERRIFIC TEACHER:** Susan K. "Sue" Parillo, the health and physical teacher at Winsor Hill Elementary Schools enjoys talking with Johnston School Superintendent Dr. Bernard DiLullo about her 2023 District Teacher of the Year Award. (Sun Rise photo by Pete Fontaine)

**WINSOR WIZARDS:** Susan K. "Sue" Parillo is all smiles and surrounded by students during a recent Wiz Kids program at Winsor Hill Elementary School in Johnston, and during last year's many other events. (Submitted photos)



**IGGY'S BOARDWALK**  
LOBSTER & CLAM BAR

885 OAKLAND BEACH AVE, WARWICK, RI

**BUY ONE LUNCH OR DINNER GET ONE FREE**

SHOW THIS COUPON TO YOUR SERVER UPON ORDERING

\*Not valid at Iggy's Chowderhouses, on take-out orders (including GrubHub & DoorDash), or on Holidays.  
\*Purchase of a beverage required for coupon use. \*Cannot be combined with any other offer. \*Excludes all lobster dishes  
\*18% gratuity added to bill before discount. \*No separate checks allowed. Only valid Sunday - Thursday.  
Other restrictions may apply. \*Taxes not included. Only valid on sandwiches and entrees.  
Please ask your server for all coupon restrictions. Offer Expires 10/31/23

PLACE YOUR CATERING ORDER TODAY AT [IGGYSRI.COM](http://IGGYSRI.COM)

BOOK ONLINE AT [OPENTABLE](http://OPENTABLE.COM) OR CALL 401-737-2895

A Rhode Island Tradition

**IGGY'S**  
Doughboys & Chowder House

EST. 1989

**IGGY'S COMBO**

12 CLAM CAKES  
2 PINTS OF CHOWDER  
2 FOUNTAIN DRINKS

**\$24.99** PLUS TAX

With coupon only. Not valid with Online, GrubHub and DoorDash orders. May not be combined with any other offer. Not valid at Boardwalk. Exp. 10/31/23

**IGGY'S COMBO**

ANY 2 DINNERS INCLUDES CHOWDER OR SALAD, 6 CLAM CAKES, 6 DOUGHBOYS

**\$39.99** PLUS TAX

With coupon only. Not valid with Online, GrubHub and DoorDash orders. May not be combined with any other offer. Not valid at Boardwalk. Exp. 10/31/23

# Sports

## Panthers eyeing comeback

By ALEX SPONSELLER

The Johnston football team has big plans this fall as it returns over 20 seniors and is looking like an early favorite to make a deep run in Division III.

Johnston rebuilt in 2022 and struggled with a 1-6 league record. However, the Panthers return nearly their entire starting lineup and welcomed new faces, which has helped them get off to a strong start this preseason.

"It helps the guys coming back. It allows us to be stronger as a team, especially with the work we've put in this offseason. We've had a strong offseason, we've been in the weight room. Guys are more experienced. Linemen, skill guys, quarterbacks," said senior captain and quarterback Neri Vasquez, who will be under center for his second year.

Along with Vasquez, the Panthers will also lean on fellow senior captain Steven Finegan as well as other standouts like Dean Paris, Michael Carlino, Dylan Martins, Matt Clements and Cam Walker.

"We're adding some new stuff to our scheme but we are rolling with it, we're doing a lot of what we did last year. We're going to play at a high pace, we're going to be a fast team on offense," said Vasquez.

The team is taking it one day at a time, but it recognizes its potential with its depth, experience and



READY FOR KICKOFF: Johnston senior captain Steven Finegan goes through drills. (Photos by Alex Sponseller)

■ PANTHERS - PAGE 17

BACK AT IT: Johnston football coach Joe Acciaro, who will be back on the sidelines for another fall season. (Sun Rise file photos)



## JHS fall coaching staff finalized

By PETE FONTAINE

It's perhaps one of Johnston High School's most important rosters, which was officially announced this week by Athletic Director Justin Erickson.

It's made up of 17 men and women who will guide a host of Panther athletes in competition during the Rhode Island Interscholastic League's 2023 fall season.

In all, JHS will have 10 teams competing for top honors in their respective divisions in hopes of making the always-exciting postseason events with the goal of winning the coveted state championship.

As he has done throughout the years, Joseph Acciaro will lead the Panthers football team and will be assisted by Brandon Parillo, Paul Robitaille and Matt Mancuso. Matthew Miriaszek will coach the junior varsity gridgers.

Veteran coaches Greta Lalli and Peg Guilmette will

■ JHS - PAGE 15

# Helping Local Businesses Thrive & Survive

Thank You



for your continued loyalty



Call us at 732-3100 to advertise your business

# Kicking off the rest of fall sports

It's time for fall sports after a fun summer away and as always, there are plenty of storylines to follow as we get back to work.

My focus last week was on football so this week's column will focus on the non-football sports. We have teams and athletes that will be making noise, so let's see where we're at as we enter the final week of the preseason.

Here are some of the storylines that I've got my eye on:

Last season was a whopper for our girls soccer teams and it looks like it'll be another strong lineup this time around.

Toll Gate won its second title in three seasons last fall and the Lady Titans should be right back in the thick of things. Last season the team lost three starters, including its top scorer in Olivia Dutra, but still managed to beat the odds to finish as champions. Adeline Areson returns from injury and girls like Isabelle Lafontaine and Kaitlyn Pale also return. It will be up to the younger players to fill out the rest of the roster.

Pilgrim should be a powerhouse again, even though things will be different without coach Tom Flanders who stepped down during the offseason.

The Pats have loads of experience returning.

Keeper Jenna Madden will be back in net as girls like Amaya Coffie, Haylee Marcotte and Riley Bromage also are back in the mix. Flanders' departure may slow the process down in the early going, but make no mistake about it, Pilgrim should be a contender once again.

The Johnston Panthers dropped down to Division IV last season and were the best team until a playoff upset ended their season. This team should be the favorite to return to the postseason and win it all with Kaylee Poole, Ava Waterman and Alexia DiLorenzo returning. It's essentially the same core with another year of experience.

As for the boys, Toll Gate went undefeated in Division IV last season but lost in the championship match. The Titans graduated 11 seniors including leading scorer Aiden Preuit, so it could be a rebuilding season. I am not ruling the Titans out, but they will need some youngsters to make a splash early to make a run.

Cranston West is also looking to return to the playoffs after graduating a large core. I expect senior Sam Naiefteh to be a big part of the team's attack along with Chris Melise.

Hendricken also made the playoffs last season as a dark horse, which for Hendricken is pretty

## My pitch



by  
ALEX  
SPONSELLER  
SPORTS EDITOR  
ALEXS@  
RHODYBEAT.COM

unusual. It was a nice bounce back season and the Hawks should not be overlooked this time around.

The theme of our boys teams continues in that Hendricken said bye to a handful of key seniors from last year's group including Mike Paquette and Landon Picillo. Michael Pezzullo, Xavier Wilkins and Tommy Flanders return, but I believe the biggest question is who takes over in net for Brendan Sisson?

Hendricken will once again be the favorite to win the cross country state championship. The Hawks' win last year was perhaps their most impressive in the past few years considering they did not have a runner that was a true contender to win the individual title.

Luckily for Hendricken, there will be plenty of returning runners including Jack Moretta and Ollie Ide, who both turned in nice outings at the state championship. It will be a fun race to

watch between the Hawks and La Salle, as well as Saint Ray's now that Devan Kipyego has graduated. This could come down to the wire on championship Saturday.

On the girls side, I'm looking forward to seeing Keaney Bayha's junior season for Pilgrim. She burst onto the scene as a freshman, taking home a top-10 performance, but last season was dealing with nagging injuries but still managed to take 15th. A fully healthy Bayha would have cracked the top 10 last season, so now as a junior, that should be more than

achievable and perhaps she can climb even higher. Toll Gate's Alison Pankowicz will also be back on the course after taking 21st at the state meet, so this could be a fun race between the two Warwick runners.

From there, we have a bunch of teams that turned in solid performances last season that could take a step forward.

The Pilgrim field hockey team reached the playoffs and could be on the rise, as well as Toll Gate and the Cranston co-op which seems to be on the right tack.

Pilgrim's girls volleyball team could also take

that step from good to great this season, along with Johnston who will be coached by Greta Lalli, who is one of the best in the business.

Cranston East, West, and Toll Gate girls tennis will also be worth watching as all three clubs return after solid campaigns last fall. Again, these teams are in that group that is looking to take the step forward from good team to great team ... playoff team to championship contender.

Tune in each week to get my breakdowns and takes on fall sports. It's great to be back.

# Business Card DIRECTORY

## This Week's Featured Business...

### Weatherproof Home Improvement

Roofing • Siding • Windows

Dennis 732-9218

Fully Licensed/Insured Reg #31803  
Family-Owned/Operated



BACK IN THE MIX: JHS girls volleyball coach Greta Lalli.

## JHS

(Continued from page 14)

lead the girls' varsity and junior varsity volleyball teams and Joseph Areson will return as varsity boys' cross country coach with Cheryl Marfeo leading the girls' cross country squad.

Ryan Barrett is back as the varsity girls' tennis coach and Toni Scavitti and

Catherine Bruno are back as girls' soccer coaches.

The Panthers soccer fortunes will be in the hands of Yevgen Fedorechuk and Kyle Lavoie while JHS' always spirited football cheerleaders will be coached by Dionna Gajdowski and Dina Melise. Julie Giorgi will coach the JHS unified volleyball squad.

The complete fall schedule is available on the school's website.

Free Estimates Fully Insured

Interior/Exterior • Residential/Commercial

25 Years Experience  
Prompt, Reliable, Quality Work

• Wallpaper Hanging • Power Washing • Staining

**401-736-0600**

RI Reg. #7140 www.levinepainting.com

**Raymond Pezzullo Law Offices**

FAMILY LAW  
LANDLORD/TENANT LAW  
WILLS  
DEBT COLLECTION

**401-275-0669**  
1200 Hartford Avenue • Suite 117  
Johnston, RI  
CREDIT CARDS ACCEPTED

Advertise in the Johnston SunRise's **Business Card DIRECTORY** for only **\$18 per week** (12 week commitment)

Add the **Warwick Beacon** or **Cranston Herald** for an additional \$9 per week.

**Call 732-3100**

**DePietro Roofing, Inc.**

RESIDENTIAL/COMMERCIAL ROOFING SPECIALISTS  
CALL FOR SPECIALS!  
Quality Work • All Phases of Roofing  
No Job Too Small  
Call John 573-9328  
FREE ESTIMATES • INSURED • REG. #22850

# Sharks stealing your fish?

By CAPT. DAVE MONTI

Anglers have reported (more than usual) sharks attacking their catch before they are able to bring it to the boat. Anglers are urged to use caution when reaching near the water to bring in their catch, particularly off the Sakonnet River, Newport, Jamestown and Narragansett where numerous reports have come from.

"We fished at the mouth of the Sakonnet River Sunday and around 4 p.m. and we hooked onto a nice fluke. So I get the net ready, and it's about 10 ft from the boat, and out of nowhere, a big 6-foot shark attacks the fluke, cuts it in half and swims off. Pretty crazy," said angler Eric Duda of Tiverton.

## Angler in awe of thresher sharks

"When the shark surfaced its tail slapped the water into a froth a few times," said Greg Vespe, former RI Saltwater Anglers Association executive director, who is in awe of thresher sharks.

This is the second thresher he caught this year on his 19-foot center console he custom built. Vespe of Tiverton caught a couple of threshers last year too, one was 325 pounds and eleven feet, four inches long.

"These fish are majestic. Just so beautiful. They do not normally come up to your boat like other sharks do when fishing. So, to see them up close you have to catch one. And each one is different. The fish we caught this week was down deep and it stayed down for the first 15 minutes. Then it leaped into the air clear out of the water," said Vespe.

"We caught and successfully released this fish due to the good work of the crew. My father Ric Vespe was at the helm, my son Shawn Hayes Costello and cousin Stephano Leoni here visiting from Italy were on the reel. They did a great job," said Vespe.

Recreational fishermen must have an Atlantic HMS permit to harvest Atlantic common thresher sharks in federal waters.

Vespe said, "What you really must watch is the thresher's tail (they are also known as Whiptail sharks). They use their tail as a weapon to stun prey. When the shark we caught last week came to the boat it whacked the engine housing with its tail, if that tail swung higher it could have cleared anyone on the stern right off the boat."

According to NOAA, "U.S. wild-caught Atlantic common thresher shark is a smart seafood choice because it is sustainably managed and responsibly harvested under U.S. regulations."



**SHARK BITE:** Dave Dube, Greg Vespe, Phil Duckett Jr. and Todd Corayer caught this 11-foot, 4-inch thresher shark when fishing southeast of Newport last summer. (Submitted photos)

## Fishing and transiting near South Fork Wind Farm

Fishermen headed for the Dump or Canyons from RI, MA, CT or Montauk, may plan on a transit through South Fork Wind Farm, currently in construction midway between Block Island and Martha's Vineyard. Over 13 monopile foundations (supporting 12 wind turbines and one offshore substation) will be installed, in two stages.

This summer just the lower 70 feet of

each foundation will be built and extend above the ocean's surface, with a Quick Flashing Yellow light installed. Later this fall, the full turbine towers will be installed, with AIS and Sound Signals added to some towers. Each tower is marked with a four digit name, in a grid pattern one mile apart, North to South, and East to West. For example, AN06 is one mile to the east of AN05.

Navigation in South Fork Wind is open, but mariners should exercise caution, as over a dozen construction vessels, several scientific buoys, and newly installed foundations are in the area. Boaters should update their charts, checking the US Coast Guard and Ørsted Mariners updates (us.orsted.com/mariners), and speaking with project safety vessels on VHF 16/13. At key points in the construction sequence, the Coast Guard is enforcing safety zones.

## Where's the bite?

Striped bass and bluefish. "We have school bass being caught in the East and West Passages of Narragansett Bay. The Green Island, Warwick area has been good as well as Greenwich Bay with monster bluefish popping up on the surface," said Tom Giddings of the Tackle Box, Warwick.

Phil Cahill of Snug Harbor Marina, South Kingstown said, "The bass bite at the Southeast corner of Block Island has been good for customers."

Declan O'Donnell of Breachway Bait & Tackle, Charlestown, said, "There has been a good number of striped bass being caught from the Breachway and back in the salt pond. Live eels have been producing well and they are also being caught on soft plastics and spoons."

Fred DeFinis of Middletown, said, "A mix of school bass and bluefish were in the lower Sakonnet River this week. Feeding on very small silversides — barely over an inch long. Smallest bait I have ever seen. My guess is that the striped bass are just vacuuming them up so they are very fussy."

Tautog. Fishing off Pt. Judith has been good with anglers catching their limit close to shore. "Few reports on keeper size fish being caught off Newport or in Narragansett Bay," said Tom Giddings of the Tackle Box.

Fluke, black sea bass and scup. O'Donnell said, "There are a few nice fluke around and those putting in their time have been finding fish up to around 8 pounds off of the local beaches. There seems to be a slight pickup in fluke bite out at block as well. Sometimes we can have a really good fluke bite at the end of the season. Black sea bass fishing continues to produce quick limits and there are plenty of nice sized scup around." "Fluke are being caught in from of Warwick Light right near the red can," said Giddings.

Bonito, false albacore, tuna. "Customers caught both bonito and false albacore at the West Wall in the Harbor of Refuge. So the bite is on for both. The tuna bite slowed just a bit this week with bad weather preventing many from going fishing," said Phil Cahill of Sung Harbor.

O'Donnell said, "There have been reports of a few green bonito caught locally but no one has reported catching false albacore yet. Bait is starting to school up in the salts ponds. Tuna fishing last week was good south of Block Island for both bluefin and yellowfin."

"Freshwater fishing is good with anglers using bait and drop shot from boats for largemouth bass. Warwick Pond and Gorton Pond are producing with a nice six pound largemouth caught by a customer fishing Little Pond behind Warwick Vets," said Giddings of the Tackle Box.

Dave Monti holds a captain's master license and charter fishing license. He serves on a variety of boards and commissions and has a consulting business focusing on clean oceans, habitat preservation, conservation, renewable energy, and fisheries related issues and clients. Forward fishing news and photos to [dmontifish@verison.net](mailto:dmontifish@verison.net) or visit [www.noflukesfishing.com](http://www.noflukesfishing.com).

Advertise in our newspapers  
and reach over  
**32,000 homes**  
in Cranston, Coventry, Johnston,  
Warwick, West Greenwich & West Warwick

[www.cranstononline.com](http://www.cranstononline.com)  
CranstonHerald

JOHNSTON Sun Rise

SINCE 1954 The REMINDER R.I.'S FIRST WEEKLY SHOPPING GUIDE

WARWICK BEACON

Call **732-3100**  
for more information

BEACON COMMUNICATIONS

1944 WARWICK AVENUE, WARWICK, RI 02889 | P: 401-732-3100 | F: 401-732-3110



# ■ Panthers

(Continued from page 14)

versatility.  
 "We've got some depth this year, we have some guys coming back. That depth has also helped speed up the learning process for the young guys, too. It has allowed them to compete with the older guys and learn from them. You never want to say, 'This is a season where we are going to win it all.' But, this also isn't a season that we're saying, 'We're playing a lot of underclassmen so hopefully we can win a few games and make the playoffs.' This is a team that is built to go the distance. The expectations are high," said head coach Joe Acciaro.

As the team approaches the regular season, it will look to put its best foot forward and live up to those expectations.

"Hard work and dedication in practices. Us as leaders, we show that we have to put in a lot of hard work and they feed off us. We've already seen a lot of growth. We've been working hard every day, practicing sometimes for three hours. It's going to be a better season for us, 100 percent," said Finegan, who emphasized getting off to a big start. "We've got to start off strong, and we will."



UNDER CENTER: Neri Vasquez at practice.

## ANSWER TO THIS WEEK'S PUZZLE:

E	S	E	A	B	E	A	M	P	U	S	E	Y
N	O	M	C	O	N	T	E	A	N	T	R	A
S	U	I	C	H	E	E	S	E	S	T	E	A
U	L	S	T	E	R	A	C	T	O	R		
E	S	S	E	S	T	A	S	T	E	L	E	S
A	D	S	A	D	D	O	H	A				
S	A	R	S	I	C	R	O	C	S	A	T	
E	L	V	N	A	C	E	L	L	E	P	R	E
A	B	G	L	A	N	D	E	P	E	E	S	
T	E	A	T	A	I	D	A	D				
S	E	P	A	R	A	B	L	E	I	C	I	E
P	R	A	I	A	A	N	E	M	I	A		
I	M	A	G	I	N	A	T	I	V	E	E	D
R	I	L	E	D	E	A	S	E	S	N	E	T
S	A	L	T	S	D	O	O	R	S	T	R	Y

Advertise today!  
 Call 732-3100



**Johnston Sun Rise**

Rhode Island Monthly's **best** 2023 WINNER!  
 OF RHODE ISLAND\*

**AGING DISGRACEFULLY**  
 STARRING DOREEN COLLINS & CHARLIE HALL

Fri. Sept. 15- CARRIAGE INN, Wickford  
 Sun. Sept. 17- GEORGE'S of Galilee, Narr.  
 Thu. Sept. 21- COURTHOUSE CENTER, King.  
 Sat. Sept. 23- MAPLEVILLE FARM, Burr.  
 Sun. Sept. 24- TUMBLESALT'S, No. Prov.  
 Sun. Oct. 1- TWIN OAKS, Cranston  
 Wed. Oct. 11- ANGELO'S, Cumb.

Great for Fundraisers!

Reservations/Info/More dates at  
[AGINGDISGRACEFULLY.NET/288-1188](http://AGINGDISGRACEFULLY.NET/288-1188)



RUN BLOCKING: Noah Delano goes through a drill.



BEACON COMMUNICATIONS PRESENTS

**SENIOR Living EXPO**

Exhibitors Wanted

Wednesday, October 25th  
 11am - 3pm

SPONSORED BY  

Reach Older Adults, Their Caregivers and Industry Professionals at this well attended event!

Reserve Your Exhibitor Space Today

Contact: Donna Zarrella - 401.732.3100 - [donnaz@rhodybeat.com](mailto:donnaz@rhodybeat.com)

# BUSINESS SERVICES

**Deck & Shed Maintenance**

**DECKS/SHEDS**  
Power-Washing  
Restaining • Refinishing  
Carpentry Repairs  
Free Written Estimates  
Insured - Reg. #3469  
**401-944-0336**

**Electrical**

**Valco Electric**  
*Residential Specialist*  
Electrical Upgrades  
Trouble Shooting & Repairs  
Prompt & Courteous Service  
**401-921-3143**  
Lic. #A3990 AmEx/Disc/MC/Visa Insured

**Fencing**

**Reilly Fence Inc.**  
*Professional installations of*  
Vinyl • Wood • Aluminum  
Chainlink Fences  
Insured - Free Estimates  
Call & book an appt. today!  
**228-3647** Reg. #40392

**Flooring**

**EAST COAST WOOD FLOORS**  
Installed • Sand  
Finish • Refinish  
Insured • Senior Discounts  
**Cell 265-3644**  
Reg. #15124

**Handyman**

**John's Construction**  
*Handyman Services*  
Painting • Windows  
Carpentry  
**942-1729**  
15% OFF next project with ad.  
Reg. #24655 ~ Insured

**Home Improvements**

**Weatherproof Home Improvement**  
Interior/Exterior Painting  
Roofing • Siding • Gutters • Decks  
**Dennis**  
**732-9218** Reg. #31803

**Junk Removal**

**Sivo&Sons**  
**Junk Removal and Dumpster Services**  
*Our team will do the heavy lifting for you. We will clean up your entire property!*  
**401-286-8407**  
SivoandSons.com

**ABC Junk Removal**

**401-616-8990**  
Mattresses & Box Springs  
Furniture • Unwanted Items  
Sheds • Decks • Hot Tubs  
*Anything, Anytime, Anywhere*

**Landscape Materials**

**CONFREDA FARMS**  
Fertile Farm Loam  
**Screened to 1/2 inch**  
Mulch • 50/50 Mix  
Raw Compost  
Processed Gravel  
**737-7662 • 827-5000**

**Landscaping**

**Ryan's Landscape Construction**  
Maintenance  
Shrubs and Hedges Trimmed  
Trees and Shrubs Planted  
**401-738-5139**

**BUSINESS SERVICES**

**DEADLINE: Monday 10 AM**

**Masonry**

**CEMENT MASONRY WORK**  
Chimneys ♦ Floors ♦ Patios  
Driveways ♦ Steps ♦ Walkways  
Repairs ♦ Free Estimates  
**Ron 397-1891**  
**Cell 639-2942**  
Reg. #6326 Licensed & Bonded

**Oil Tank Removal**

*Why wait for your oil tank to leak?*  
Old oil tanks removed  
**Licensed RI Waste Transporter**  
Drum Disposal  
**Newton B. Washburn, LLC.**  
Insured • Reg. #27176 • #R1877  
**401-647-9606**

**Painting**

**T & T Painting**  
*25 years in Business*  
Interior and Exterior Painting  
Power Washing  
Deck Refinishing  
Carpentry Repairs  
Reasonable Rates  
Free Estimates  
*Neat. Clean. Organized*  
Insured - Reg. #3469  
**401-944-0336**

**STEVEN G. RUHLE PAINTING**  
Interior & Exterior  
Small Exteriors  
*Neat, Clean Workmanship*  
**639-0967**  
Free Estimates  
Reg. 12067 - Insured

**C & J Painting**  
Interior/Exterior  
Powerwashing  
Free Estimates  
Jason • Craig  
**378-8525 • 743-2554**  
Reg. #22833 Insured

**Plastering**

**Harold Greco Jr. Plaster Perfection**  
**ALL Small Repair Specialist**  
Emergency Water Damage Repairs  
**Historic Restorations Painting**  
Senior, Veterans & Cash Discounts  
Integrity & Passion  
**ALL MAINTENANCE**  
Reg. #4114 ★ Member BBB ★ Est. 1948  
Call now! **738-0369**

**Plumbing & Heating**

**DAVIDSON'S PLUMBING & HEATING**  
**Water Heaters**  
Free Estimates  
Remodeling ♦ Repairs  
New Construction  
MP #1696 **737-4679** MPF #6470

**E.W. FLAGG Plumbing & Heating**  
New & Old  
Installations • Repairs  
Water Heaters  
**Commercial & Residential**  
**739-6155** MP #01896

**Rubbish Removal**

**Liberty House Junk Removal, Inc.**  
We remove all content from cellars.  
One room or entire house.  
We remove sheds.  
**15 years of reliable service.**  
Reg. #2983 & Insured  
**401-286-0505**

**Summer Cleanups**  
**House - Cellars - Yards**  
**Garages - Moving?**  
Anything hauled away, some for FREE!  
30 yrs. - Reliable Service!  
**741-2781** Lic. #37379 - Insured



**HALL OF FAMER:** Paula Thayer Silvia and Joe Cavanagh accept the late Bill Thayer's RI Hockey Hall of Fame enshrinement jersey last weekend. (Photos courtesy of the RI Hockey HOF)

# RI Hockey HOF inducts 2023 class

## FROM STAFF REPORTS

The Rhode Island Hockey Hall of Fame inducted its 2023 class last Saturday in Cranston and a handful of locals were enshrined for their impact on the local hockey scene.

Below are those recognized at last weekend's event:

### JOHN HYNES

John Hynes is a Warwick native. He played his high school hockey at Toll Gate and was a member of the Boston University team that captured the 1995 NCAA title in Providence. Before becoming head coach of the NHL's New Jersey Devils in 2015, he Team USA to three medals at IIHF World Championship tournaments. John then became head coach of the Pittsburgh Penguins' Wilkes-Barre/Scranton affiliate in the AHL, where he captured the Louis A.R. Pieri Memorial Award as the league's top coach. He now serves as head coach of the NHL's Nashville Predators.

### BILL THAYER

The great Bill Thayer was born and raised Warwick. A 3-time, 3-sport All-Stater at Aldrich High School, he was one of the finest all-around athletes of his generation. In 1943 he became the first native Rhode Islander to play with the RI Reds and then skated with the Boston Olympics. Bill helped lead the RI Scarlets to the USA Amateur title in 1948 before starring with Team USA at the 1949 World Championships in Europe. Nicknamed "Playmaker", he became a revered youth hockey coach after retirement. Each year since 1965, the Thayer Award

is presented to the Interscholastic League's assists leader. In 1970, after his passing in a construction accident, the Warwick Municipal Arena was dedicated in his name.

### STEVEN KING

Born and raised in East Greenwich, Steve was a 2-time All-Stater at Bishop Hendricken High School before starring at Brown University. He was selected as the New York Rangers' first choice in the 1991 NHL Supplemental Draft. The speedy right winger scored over 250 goals over his career, which included three NHL seasons with the Rangers and the Anaheim Mighty Ducks and eight in the AHL, including one with the Providence Bruins, where he came out of retirement just before the playoffs in 1999 and became a key figure as the P-Bruins captured the Calder Cup Championship.

### JEFF JILLSON

Jeff is a native of North Smithfield. He earned All-State honors at Mount St. Charles and was a 2-time NCAA All-American and Academic All-American at the University of Michigan, where he won numerous awards before being selected in the first round of the 1999 NHL Entry Draft by the San Jose Sharks. Jeff represented his country as a member of Team USA in three world championships before his first professional season with the Sharks. Over his 11-year pro career, the rugged defenseman suited up in the NHL with the Sharks, Buffalo Sabres, and Boston Bruins. He played four seasons in the American Hockey League, including one with our

Providence Bruins in 2003.

### BABE MOUSSEAU

Babe was born in Harrisville, attended his hometown high school and starred on the gridiron and the ice for the legendary Tom Eccleston before attending St. Bonaventure University. Babe took over the Burrillville coaching reigns in 1957. He coached the

Broncos for 18 seasons, becoming a legendary coach in his own right. During that period, his teams never missed the playoffs. They won 7 state championships, capturing the state hockey crown in the decades of the '50s, '60s and '70s. His 1959 Burrillville team was the first RI squad to win a New England interscholastic hockey title. During his tenure, Babe would guide them to four more, tied for most ever.

### TOM ARMY

The son of legendary RI Reds trainer, George Army, Tom starred as a player at both LaSalle Academy and Hope High School. In 1952, he would become instrumental in the rebirth of Providence College hockey as a co-captain of their first varsity team in 26 years. With the construction of the Dudley Richards Arena in 1969, he founded the East Providence Hockey Association, which became the feeder program for the town's powerful high school teams, headed by his sons Tom, Jr., Bill and Tim, along with the Wilson brothers, Ron, Brad and Randy. Before his retirement in 2021, he served 28 years as official scorer and supervisor of off-ice officials for the Providence Bruins.





# INVEST IN YOUR COMMUNITY. Shop Locally!

**WET LEAKY BASEMENT?**  
 • PUMPS INSTALLED • UNDER FLOOR DRAINAGE  
 • FOUNDATION & BULKHEAD REPAIRS • MOLD REMEDIATION  
 LET A PROFESSIONAL SOLVE YOUR BASEMENT WATER PROBLEMS

**(401) 516-3641**  
[www.DivConServices.com](http://www.DivConServices.com)

Diversified Services RI Reg. #9386

**GRAHAM INSURANCE INC.**  
 PROUDLY SERVING THE COMMUNITY SINCE 1970

**Vincent S. Podmaska**  
 vinny@grahaminsuranceinc.com

1465 Atwood Avenue  
 Johnston, RI 02919  
 Tel: 401-273-8700

**JM POWER WASHING HOUSE WASH**  
 Residential PROS Commercial

SCAN NOW FOR AN INSTANT QUOTE  
**FREE ESTIMATES**  
**401-595-0726**  
[www.PowerWashJM.com](http://www.PowerWashJM.com)

**SOFT WASHING SERVICES**  
 HOUSE WASH - ROOF WASH - DECK WASH - PATIO WASH - FENCE WASH  
 Licensed & Insured • Gift Certificates Available

ADDITIONAL CLEANING SERVICES  
 • Solar Panels • Gutters •

**PROPANE FILLING STATION**

**621-8129** Call Phil

ALL PROPANE TANKS FILLED HERE

- Open 7 days a week
- Open all year
- English & Spanish

904 Manton Ave. • Providence (IN FRONT OF STOP & SHOP)  
 Phil.Johnston32@gmail.com • [www.jfcpropane.com](http://www.jfcpropane.com)

**SCITUATE ROTARY FARMERS MARKET**  
 46 Institute Lane, North Scituate (minutes from Coventry on route 116)

**SATURDAYS / 9AM-12PM**

Farm fresh produce • Locally raised meat • Fresh bread  
 Prepared foods • Crafts • Pet vendors • Live music • Food trucks  
 Children's activities • Special Theme Day

**FUN FOR THE WHOLE FAMILY!**

Follow us on social media for more information or email us at [scituatemarket@gmail.com](mailto:scituatemarket@gmail.com) for weekly updates.

**Nardone Painting Co.**  
 INTERIOR AND EXTERIOR WORK  
 Roofing, Siding and Windows  
 NOW OFFERING: Carpentry, Kitchen & Bath Remodeling & Hardwood Floors  
 Over 40 Years Experience — Quality Work  
 LICENSED & INSURED  
**401-943-1675**  
 Luciano Nardone 27 Tweed Street, Cranston  
 Mention This Ad For \$500 OFF Exterior Painting Jobs (\$2500 & Over)

**DETAILS MATTER**  
 INTERIOR/EXTERIOR CAR DETAILING

Full Car Detail **\$150**  
 Full SUV Detail **\$200**

Mobile Services Available  
 Call Lanse **401-855-8088**  
[DetailsMatterMost@gmail.com](mailto:DetailsMatterMost@gmail.com)

**Safeway automotive services**

Full Service Auto Repair and Maintenance

401-946-6888

380 Atwood Ave. Cranston, RI 02920  
 Web: [safewayoilchange.com](http://safewayoilchange.com)  
 Email: [safewayauto380@gmail.com](mailto:safewayauto380@gmail.com)

**SHORTY'S**  
 DINE IN / TAKE OUT

BREAKFAST SPECIAL \$5.00  
 2 Eggs, Homefries, Toast & Coffee

2 Wieners w/French Fries and a Drink \$10.30

876 Atwood Avenue, Cranston, RI 401-227-9589  
 Open Tuesday-Saturday 9am-3pm

**Denise's Cleaning Service**  
 Specializing in RESIDENTIAL & COMMERCIAL CLEANING  
 Providing a Professional & Personalized Cleaning Service  
 WEEKLY | BI-WEEKLY MONTHLY  
 Free Quote  
**401.428.8164**

**We employ Master ASE Certified Technicians**

Brakes • Shocks & Struts • Batteries  
 Starters • Alternators • Steering & Suspension  
 4 Wheel Alignments • RI State Inspections  
 Check Enging Lights • Tune Ups  
 Complete Auto Repair • Computer Diagnostics  
 Snow Plowing

**ALL MAJOR BRAND TIRES**

**Pawsitively Perfect**  
 Pet Services  
 Dog Walking • Pet Sitting  
 Appointment drop off/pick up • Hiking Excursions  
 FULLY INSURED • PET CPR/FIRST AID CERTIFIED  
**SARAH PERROTTA**  
 (401)473-9896  
[pawsitivelyperfectpets@gmail.com](mailto:pawsitivelyperfectpets@gmail.com)



**Place Your Ad Today — ONLY \$16<sup>50</sup> PER WEEK**

(10-week commitment. 3.42"x2" ad. FREE COLOR WHEN AVAILABLE)

# BUSINESS & RESOURCE

AUGUST 31, 2023

JOHNSTON SUN RISE

RHODYBEAT.COM

## 4 reasons you may get a computer virus



METRO

The world was given a crash course on how viruses spread when the novel coronavirus COVID-19 rapidly moved across the world in 2020. Biological viruses easily can spread from person to person, but computers can be afflicted by their own types of viruses that also can spread quickly.

Stopping computer viruses involves becoming familiar with just what they are and where viruses originate. According to Malwarebytes, a cybersecurity company, a computer virus requires a host program. It then requires user action to transmit that virus from one system to another. At that point, the virus attaches a bit of its own malicious code to other files or replaces files outright with copies of itself.

While viruses and malware tend to be grouped together, some forms of malware, like computer worms, are able to spread across systems and networks on their own. That can make them even more dangerous and widespread.

Computer viruses do not generate naturally. They need to be created by programmers. These programmers may do so to steal victims' identities, to get around restricted data, for bragging rites, or to damage organizations or competing businesses. A virus, for example, may sit undetected on your computer monitoring online usage, recording credit card information, passwords or identity information, advises Interworks, a technology company.

Most of the time viruses make entry to your computer or other device through attachments or links. Here are four common places viruses and malware lie in wait.

**1. Downloaded purchases:** Downloading software, games, files, and other technology from the internet is not without risk. There are many reputable sites, but unknown downloads may carry viruses.

**2. Network links:** More than one device hooked up to a network means any computer on that network is vulnerable should one device pick up a virus. All connected computers can be compromised by one virus.

**3. Email attachments:** Computer How To Guide states that emails are one of the most common ways viruses are downloaded onto computers. Opening an email from someone you don't know can trigger malware or a virus. Never click on a link or open an attachment from an unknown sender.

**4. Messaging apps:** Apps that enable people to communicate through chat on desktop or mobile systems can be spreaders of viruses, too. Do not visit links posted in messaging applications unless you are sure they are from safe sites. Sometimes messenger services can be hacked, so even if links come from relatives or friends, verify those links before clicking on them.

New viruses are being created daily and computers need protection. Good anti-virus programs can help, but computer users also need to do their part to avoid contracting viruses.

### Carpet, Tile, Upholstery Steam Cleaning for Residential & Commercial Properties

Specializing in...

- Restaurants (Kitchen Tile & Carpet ACA)
- Funeral Homes
- Medical /PT / Dental Offices
- Assisted Living Facilities
- Realtor / Insurance Offices

**PROPERTY MANAGEMENT:**

- ACA, Stairwells, Hallways, Condo/Apt
- Complexes & Turnovers Units
- Schools Gymnasiums (steam clean & disinfect athletic mats)
- Yachts



401.828.0050 DAI LLC dba Advanced Carpet Care 401.331.8650

**Largest Family Owned & Operated Restoration Company in RI!**



**Water Damage/Flooding, Mold Remediation, Fire/Smoke/Soot or Biohazard Disinfecting**

*"WHEN DISASTER'S AT YOUR DOOR, CALL DAI RESTORE"*

### Get the Greenwood Premier VISA® Credit Card

**0% APR\*** Intro Offer  
First 6 Months

ALL PURCHASES  
ALL BALANCE TRANSFERS  
NO ANNUAL FEE

Limited time offer -  
Apply today  
@ [greenwoodcu.org](http://greenwoodcu.org)!



\*APR = Annual Percentage Rate. Credit approval required. For new Greenwood Premier Credit Card cardholders only. Balance transfer fee is 3% or \$5.00 whichever is greater. The introductory 0.00% APR is good for 6 months from date of first balance transfer or first purchase, whichever comes first. Following the introductory period, your rate may be as low as prime plus 4.99% APR. Higher rates may apply based on credit worthiness, to a maximum rate of 21.00% as of July 26, 2023. Thereafter the rate may vary. The introductory APR does not apply to cash advances. We apply your minimum payment to balances with the lower APRs first. Amounts paid over the minimum payment will be applied in the order of highest to lowest APR balances. Limited time offer.

### Reduce the Cost of your Credit Cards

Some store credit and credit cards advertise that they can be rewarding, with many offering 2%, 3%, or 5% back in rewards. Trouble is, if you carry a balance on one of these cards, many are now charging interest rates as high as 28.00% APR on that balance, and that can quickly turn your rewards negative! This is also true with travel rewards and cashback rewards credit cards. Even if their interest rates may not be as high, using their card for the "rewards" can still end up costing you a lot.

So, what can you do to minimize the interest charge drain? Here are a few suggestions:

1. If you use a rewards card, earn the rewards, and pay off your balances every month. This is by far the best option, decreasing your debt and having the stores or credit card companies truly pay you for using their cards.
2. If you are carrying high balances, you can apply for a lower interest Debt Consolidation Loan to pay off your balances at a lower rate. You will pay less interest and save money!
3. If you carry balances, you can alternatively transfer balances each month to a lower interest rate credit card. You'll pay a good deal less in interest, affording you the ability to pay off your balances quicker and save.
4. You can also just use a lower interest rate credit card for all purchases, keeping your interest expense at the lowest level possible. This will prevent you from leaving balances by mistake on a higher rate card and paying extra interest expenses.

With all options, carrying less debt each month should be your number one goal, as it will save you a lot of money and increase your credit worthiness. So even if you cannot pay off your cards every month, you should always make the effort to pay off as much as you can.



**Dave's**  
Fresh marketplace

**BUY FRESH. BUY LOCAL. SHOP DAVE'S**

**TEN LOCATIONS THROUGHOUT RHODE ISLAND**  
Coventry Cranston Cumberland East Greenwich Hoxsie  
Little Smithfield Smithfield Crossings Quonset  
West Shored Rd Wickford

www.davesmarketplace.com

Summer is here, and if you're looking for the freshest fruits, vegetables, and locally grown produce, now is the time to find them at Dave's Marketplace.

In Rhode Island and throughout New England, many local farms raise fruits, vegetables, flowers and herbs for neighborhood markets. These growers are dedicated to the quality and value of fresh food for their living.

"We are in the perishable business – we want you to feel and smell how fresh everything is," said Susan Budlong of Dave's Marketplace. "We set this stage by having customers walk through our Produce departments first and foremost."

Picked at their peak, locally grown foods taste and look better, and with shorter times between the farm and table, it's less likely that nutrients will be lost. Nearby farms often grow different varieties of crops to provide a longer harvest season and the best flavors.

"Locally grown produce is generally only available about 12 to 14 weeks of the year," said Budlong, who wants customers to know what they are eating. "We work hard to provide accurate signage for all our products – especially produce, seafood and meats."

Not only is local food safe and convenient, farmers and grocers who sell their products aren't anonymous and take their responsibility to the consumer seriously. Locally produced food also supports communities, preserves open spaces and benefits the environment.

"Our prepared foods are made either in our central commissary in East Greenwich or on site in our In Store Kitchens. All the meals are made with fresh ingredients – local ingredients whenever possible – and by hand," said Budlong. "It really is better than restaurant quality."

We follow strict recipes for consistent quality measures – so what you purchase in Warwick, you can purchase in Wickford and have the same great taste!"

Larger supermarket chains often do not cook or prepare meals on site using locally grown foods; most products are prepackaged in another facility and trucked in. Same with many other perishable products – chains have moved away from providing custom cut roasts, or hand-cut swordfish – many do not staff butchers, fishmongers, or chefs with the experience of handling locally grown or harvested products.

"We like food, we enjoy buying it, selling it, preparing, and experimenting with it. We learned early on that food brings people together; it brings families together and it brings our communities together. Our families over the past 20 years have been hurried – sitting down to dinner isn't the norm anymore," said Budlong. "We strive to be part of every meal. To do that, we produce as many high quality foods – many of them comfort foods – that will allow you to enjoy dinner. And know that the food has been prepared fresh, with high quality ingredients. The quality and ingredients you would use if you made it yourself."

Shopping is a personal experience for most people, and while times are changing and the speed in which we live has increased, the availability of locally grown foods provides a connection consumers look for.

"Our goal is to have all the items a family needs and wants – from the sale items to the staple items," said Budlong. "We like the sense of community that Grocery Stores have – a meeting place to shop, have a cup of coffee and catch up with neighbors."

**We know medicine has changed, but in our office Dr. Mirrer still personally sees every patient on every visit.**

**Franklin E. Mirrer, M.D.**  
**Orthopaedic Surgeon, Inc.**

**INNOVATIVE SURGEON**

Shoulder and Knee • ACL Reconstruction • Sports Medicine • Arthroscopic Surgery • Fractures

ON-SITE X-RAY • ON-SITE PHYSICAL THERAPY

For a prompt evaluation, please call

**(401) 739-9050**

**215 Toll Gate Road, Suite 206, Warwick**

[www.fmsportsortho.com](http://www.fmsportsortho.com)



**Franklin E. Mirrer**  
M.D., B.C.O.S., F.A.A.O.S.

Head Team  
Orthopaedic Surgeon  
Providence College  
Athletics

Dr. Mirrer has past  
experience caring for  
NFL and Division I  
Collegiate Football  
players

The right orthopedic surgeon will help heal injuries to your shoulders, hands, joints or knees. These medical professionals provide help for sports injuries or joint replacements.

When you are having a major surgical procedure on your musculoskeletal system, it is essential to find the best medical professional for the job.

Time, persistence and research can put you on the right path to recovery. Here are some tips to help you find the best surgeon for your needs.

**Recommendations:** Ask your primary care physician for the names of orthopedic surgeons. Your doctor is the best resource for finding a medical professional who can handle your case effectively. Other medical professionals in his practice might also be able to refer you. It is vital that you find a surgeon who specializes in what you need. For example, a man with a sports injury and an elderly person who needs a knee replacement will require two very different doctors.

Request information about the surgeon's background, where he attended medical school and where he did his residency.

Many orthopedic specialists become experts at performing one or two types of procedures. Keep in mind that the more experience they have with cases like yours, the more likely you will have a good outcome after the procedure.

**Philosophy:** Qualified doctors don't often share the same philosophy when it comes to medical treatment. Some surgeons prefer having patients try other op-

tions -- such as physical therapy, dietary or lifestyle changes -- before performing surgery. Others think it is wiser to do surgery before a problem gets worse.

At your initial consultation with an orthopedic surgeon, try to understand their medical philosophy. Think about whether it matches your expectations.

The surgeon should make you feel comfortable and confident. A good bedside manner, with excellent knowledge, experience and communication, will make you feel more relaxed about your health care decisions.

**Full Spectrum:** The best surgeons help you with preparation and recovery from your medical treatment. They do more than just perform an actual procedure.

They will take the time to answer all your questions patiently and offer practical suggestions to help you hasten your recovery. As well, the doctor will look at your lifestyle to help you become healthier. He will not simply fix your broken or painful body part. Changing your lifestyle and taking better care of yourself may lessen the need for surgery in the future.

**Hospital Privileges:** Surgeons must be allowed to operate in facilities. Different hospitals have different levels of technology and equipment. You will want to have the procedure done at a hospital that is equipped to fit your needs.

If you prefer to have the surgery performed at a particular hospital, check to make sure the surgeon is approved to operate at the facility.

# Strategies to improve your ability to focus

METRO

Distractions have never been harder to resist. According to Deloitte's "2022 Connectivity and Mobile Trends Survey" (third edition), the average household in the United States now has a total of 22 connected devices. Things are a little less connected in Canada, where a J.D. Power survey of television service subscribers found that the average household has about 10 devices.

The prevalence and accessibility of devices can make it difficult to focus, but tablets, smartphones and other technologies are not the only culprits that can compromise the ability to concentrate. Harvard Medical School notes that underlying medical conditions, the side effects of medication and excessive alcohol consumption can each make it harder to focus. That's a significant detriment, as an ability to focus can help individuals be more efficient and perform better at work and in school.

Each individual is different, so efforts to improve focus might require a little trial and error until a person finds what works for them. In the meantime, the following are some effective strategies that can help people sharpen their focus and reap all the rewards that a heightened ability to concentrate has to offer.

• **Turn notifications off.** Notifications are a bigger distraction than people may realize. A 2015 study from researchers at Florida State University found that simply hearing the ping of a notification was as distracting as taking a phone call. Individuals may find the idea of answering as little as 20 or more phone calls per day unrealistic, but researchers have found that the average smartphone user receives around 80



push notifications per day. Such constant inflow of notifications is detrimental to smartphone users' ability to focus. Turning notifications off while in school or during the workday can help people avoid this seemingly endless stream of distractions, thus improving focus.

• **Establish a distraction-free workspace.** A survey from McKinsey & Company found that, after the acute phases of the COVID-19 pandemic, 58 percent of employed respondents have the

option to work from home for all or part of the week. Remote working may be more convenient, but it also can compromise workers' focus in ways that are unique to working from home. For example, professionals' children cannot stroll into their offices when they aren't working from home, nor are distractions like television within arm's length in a traditional office setting. Professionals who are finding it hard to focus when working from home can do more to make their home of-

fices distraction-free. Make your home a television-free zone during traditional working hours and remove a television or non-work tablet from your office so you aren't tempted to watch a show or a sporting event when you're supposed to be working.

• **Adopt a healthier lifestyle.** The experts at Harvard Medical School note that many aspects of a healthy lifestyle can help people focus better. Researchers have discovered a direct link between exercise and a person's ability to

pay attention, noting that exercise increases the availability of brain chemicals that reduce stress and improve sleep, among other things. Less stress and a good night's rest can make it easier to focus.

An ability to focus pays myriad dividends. Individuals can try various strategies to improve their concentration skills and reap the rewards that such improvement provides.

# Tips to make a résumé more ATS-friendly

Job searches are often described as akin to looking for a needle in a haystack. That could be even more so in the digital age, an era when online job boards feature hundreds, if not thousands, of listings. Sifting through those listings can be time-consuming and force job seekers to wonder if their résumé will even be seen.

Conventional wisdom regarding résumés may no longer apply. A résumé can still be a useful asset, but job seekers must recognize the game has changed, specifically in regard to how résumé submissions are received and reviewed. Many companies now use applicant tracking systems (ATS) to sift through résumé submissions before they ever land in the inbox or on the desk of an actual human being. Because ATS is so popular, job seekers would be wise to embrace strategies to make their résumé more ATS-friendly to increase the chances the document finds its way to a hiring manager.

• **The right keywords can help get a résumé seen.** Though a résumé was once viewed as a tool that allowed job seekers to illustrate how they were unique from other applicants, uniqueness on a résumé may now be a detriment. ATS serve as virtual gatekeepers that scan documents submitted for job openings. If those documents don't feature certain keywords, they're likely to



be relegated to the virtual scrap heap. Professionals should research which keywords are likely to get their résumé past the first stage of the hiring process and include them in the body of the document.

• **There's more to it than keywords.** Though the right keywords can ensure a résumé gets past the virtual gatekeepers,

they're not the only features of a good résumé. ATS are programmed to read résumés that are formatted in certain ways. The experts at Jobscan note that the most ATS-friendly résumé is one that is chronological. That's something most job seekers are already familiar with, as professionals have long listed their professional experience in

reverse chronological order. That approach still works, and Jobscan recommends including company name and location, job title, start and end dates, and achievements and responsibilities for each job listed in the work experience section.

• **Avoid unique formats.** Résumé data included in graphs, tables and columns might seem invaluable, but ATS software might make a mess of it. In addition, maintain a uniform font throughout the document. Sans serif fonts like Calibri and Helvetica won't be difficult for ATS programs to read, increasing the likelihood that the document will ultimately be seen by a hiring manager.

• **Make the résumé mobile-friendly.** A résumé that is easily opened and read on a mobile phone is likely to be just as easily read in an ATS program. Professionals can design their résumés and then open the documents on their phones. Documents that open quickly and easily are probably formatted in an ATS-friendly way, while those that don't may need to be simplified and reformatted.

In the age of digital job-seeking, professionals can take steps to make their résumés ATS-friendly to ensure the documents are ultimately seen. CB236017

# Easy ways to support small businesses

METRO

It's easy to overlook how integral small businesses are to local, national and even global economies. The Small Business Administration and the U.S. Census Bureau indicate small businesses account for 99.7 percent of all American businesses, employing 56.8 million people. Similarly, according to Statistics Canada, local businesses classified as micro or small businesses made up 98.1 percent of all the employers in Canada in 2021.

Since small businesses are the economic engine of many neighborhoods and communities, it's in everyone's best interest to pitch in and ensure such firms' success. Thankfully, it's easy for anyone to support the small businesses that make their communities unique.

• Shop locally and online from small businesses as much as possible. If you cannot shop right away, consider purchasing gift cards to the retailer or service provider and share them as gifts to others.

• Before you immediately go with a well-known chain or e-commerce giant, find out if a local retailer offers the same items you need and shop there.

• Actively discover new brands, check them out, and then spread the word about your findings to others.

• Share posts from small businesses on social media.



It's good exposure for them and can help to widen their customer base.

• Attend special events or promotions hosted by local businesses. Well-attended

events may spark others' curiosity.

• Share a quick photo of something you bought at a small business or of a service they provided. For example, if a local landscaping company did a wonderful job putting in a new patio or pavers, share the before and after with those you know.

Communities can embrace various strategies to support the small businesses that make Main Street unique.

**DeCubellis Chiropractic**  
51 Hopkins Hill Rd., Coventry, R.I.  
401.828.3030 drdchiropractic.com

**FLAT RIVER TAVERN**  
WINGS - PIZZA - SPECIALS

2260 Flat River Road,  
Coventry, RI  
401-407-2121  
Hours: Wed. & Sat. 4-10pm;  
Thurs. & Fri. 4-11pm; Sun. 2-9pm  
(closed Monday & Tuesday)

**FLAT RIVER GENERAL STORE**

2246 Flat River Road,  
Coventry, RI  
401-407-2054  
Hours: Mon.-Thurs. 6:30am-8pm;  
Fri. 6:30am-9pm; Sat. 8:30am-9pm; Sun. 8:30am-8pm

**YOUR Business is OUR Business.**

**LOWEST PRICES!**

- Office Equipment
- Sales/Service/Supplies

*Guaranteed Lowest Prices on all Color Copiers*

**COPIER SALES**

From **DESKTOP MODELS** to **HIGH-VOLUME, MULTI-FUNCTION MACHINES** we can help you with your copier and printer needs.

LEASING AND RENTAL OPTIONS AVAILABLE. - SERVICE AGREEMENTS -

**CopyCats**

- ✓ COPIERS
- ✓ PRINTERS
- ✓ FAX MACHINES

Serving New England Since 1987  
440 PROVIDENCE ST.  
WEST WARWICK  
401-828-2830

**copycatsri.com**

• BANNERS • SIGNS • PRINTING • CUSTOM APPAREL

**Clean Slate Estate Inc.**  
New England's Premier Clean-Out Company

Call (401) 640-9385  
Toll Free (800) 989-4521

**CALL NOW TO MAKE CASH \$\$\$ WE BUY...**

SMALL & LARGE COLLECTIONS OF ARTWORK, BASEBALL & BASKETBALL CARDS, COINS, COMICS, DIAMONDS, GOLD, JEWELRY, POKEMON CARDS, SILVER, STAMPS, TRAINS & TOYS (ANTIQU)

**Fully Insured and Bonded**

FREE QUOTES [www.CleanSlateEstate.com](http://www.CleanSlateEstate.com) CALL US FIRST

# LOCAL BUSINESS SPOTLIGHT

## Tita's Tailors and Cleaners

For all your tailoring, cleaning and mending needs this fall

### TITA'S TAILORS AND CLEANERS

Johnston, RI

401-403-2292

info@TitasTailors.com



Alterations - Repairs  
Cultural Outfits - Leather  
Custom Creations  
Curtains - Dry Cleaning  
Laundry - And more!



Military, vets and first responders always receive 10% discount!

By JENNIFER COATES

It is BACK TO SCHOOL and time to clean out the closet, assess what is worth keeping and figure out what can be salvaged with just a minor alteration. Pants too long? Waistline too big? Hemline too long? Jacket with a janky zipper? What about that favorite backpack that has busted a seam? What about that dress you bought online that doesn't fit! Don't return it yet! There are SO many things that can go wrong with our clothes and possessions, but not all hope is lost! Tita's Tailors and Cleaners is here to the rescue!

Tita's Tailors and Cleaners, which officially opened its doors on Atwood Avenue in September of 2022, is owned and operated by Tita Meija and Tim Henry. The team here at Tita's Tailors is comprised of six tailors, including Tita, all of whom lend their decades of experience, expertise, and talent to their work. There are here to help mend, adjust, loosen or take in, reinforce and fix almost anything you need. They will extend the life of the clothes you love

These tailors are meticulous, detail-oriented, friendly, and dedicated to their customers. They are respectful of your possessions, money and time, working hard to finish their work in an efficient and professional manner. They care about your customer-service experience.

Tita's Tailors provides a long list of services, including the alteration of men and women's clothing. Tita's Tailors can alter almost anything including all those back-to-school garments, shirts, dresses, pants, jeans, formal gowns and suits ~ they can even alter swimsuits, costumes, cultural outfits and household items such as curtains and pillows.

Autumn is right around the corner and with the change in season comes colder weather. When you bring out your coats, gloves and even your boots, bring them to Tita's for



Meet the team of talented and experienced tailors at Tita's Tailors and Cleaners in Johnston: (l-r) Flor, Yeimy, Cecelia, Paola (Tim & Tita's daughter), Tita Meija and Tim Henry

any repairs. Fall is also a continuation of wedding season. Don't wait to get that formal occasion attire altered until the last minute. Tita and her team will do everything to accommodate you, but quality work cannot be rushed!

Tita's Tailors repairs handbags, backpacks, zippers, leather items, and upholstery. You would be surprised at what an expert tailor can do!

Customers will also find dry cleaning, laundry and pressing as well as wash & fold services here. They will handle your clothes and possessions with professionalism and care.

Come to Tita's Tailors at 11 Commerce Way in Johnston. Hours are Mon. - Friday, 8:00am - 6:00pm and Saturdays, 8:00am - 3:00pm. For more information or to book a fitting, call 401-403-2292. Follow them on Instagram, Facebook, Yelp and Google reviews. Their website is [www.titastailors.com](http://www.titastailors.com).

The owners of Tita's Tailors honor our veterans, active-duty servicemen and women and first responders by giving them a 10% discount. They also offer a 10% discount to those who donate clothes, all of which go to local charities such as House of Hope.

### THE PRESERVE AT BRIARCLIFFE

Supportive Independent and Assisted Living



BRIARCLIFFE

CALL 401.944.2450  
TO SCHEDULE A  
PERSONAL TOUR

Convenient to US Hwy 6 and I-295 in Johnston, RI  
54 Old Pocasset Road | [briarclifferi.com](http://briarclifferi.com)

FULL & PART-TIME POSITIONS AVAILABLE

**Dreamland Learning Center**  
280-1400  
1253 Hartford Ave.  
Johnston, RI 02919  
**NOW ENROLLING**  
6 Weeks - 12 Years Old

★ **Lowest \$ In Town** ★

New State-of-the-Art Equipment - Same Old Prices!

**WASH • DRY • FOLD Drop Off Service**  
only 89¢ per lb.  
Includes Softener, Bleach, Soap & Hangers  
Same Day Service

**Jain's Laundry**  
Plaza 44 • 39 Putnam Pike • Johnston • 231-7019  
Hours: Mon.-Fri. 8am-9pm; Sat. & Sun. 7am-8pm

### GET FREE HELP WITH YOUR MEDICAID RENEWAL

VISIT WITH A TRI-COUNTY HEALTH INSURANCE NAVIGATOR TO:

- Access HealthSource RI or download the HealthyRhode mobile app
- Scan documents right to your secure portal
- Find out when your renewal date is
- Learn about the renewal process and how to respond to your renewal letter

Call today for an appointment!  
(4101) 519-1959



Tri-County  
Community  
Action Agency



### BEACON COMMUNICATIONS

- WARWICK BEACON
- CRANSTON HERALD
- JOHNSTON SUNRISE
- THE REMINDER
- RI NEWSPAPER GROUP

**CHRIS PEABODY**  
ACCOUNT EXECUTIVE

chrisp@rhodybeat.com  
p 401-732-3100



1944 WARWICK AVENUE, WARWICK, RHODE ISLAND 02889

Your Target Audience is reading...



Make sure they'll be reading about YOU!

For information about advertising on this page,

call **732-3100** today.



**JOHN PERROTTA'S COMEDY FACTORY**  
*Bringing the Laughter Since 1992!*

**401-639-7726 • comedyfactoryri.com**

John Perrotta's Comedy Factory has been bringing the laughter since 1992! John has closed a show at the legendary Friars Club in New York city and opened for national comedy sensation Bill Burr! The Comedy Factory books hilarious comedy shows for any occasion. We book many of New England's funniest comics! For bookings, info, or reservations to any show call 401-639-7726.

**UPCOMING COMEDY SHOWS:**

- 9/2: Lorenzo's-Middleboro, Ma
- 9/3, 10/8, 12/10: Pub on Park
- 9/16: Teresa's Restaurant-Ware, Ma
- 9/22, 12/30: Event Factory-Warwick
- 9/24, 10/22, 11/19, 12/10: The Comedy Park-Cranston
- 10/1, 12/17: Chelo's-Warwick
- 10/14, 12/31: Kelley Gazzero Post
- 10/19, 12/14: Lemongrass
- 10/28, 12/31: Carriage Inn
- 11/3: Cup Defenders-Bristol
- 11/10: iGolf-Pembroke, Ma
- 12/16: Bella Restaurant-Burrillville

You can check out our website at [comedyfactoryri.com](http://comedyfactoryri.com). Scroll down and you'll see flyers of our shows. Click on the show that interests you! You can check out some videos or browse our photo gallery. John Perrotta has a passion for comedy and works very hard behind the scenes to bring you some great shows! We are known for our dinner-comedy shows. We also have 3 weekly open mic comedy nights! If you'd like to perform, reserve your spot by texting Stephen DeNuccio at 401-527-1095. Open mic schedule: Every Monday night at Pub on Park-Cranston. 8:30pm  
 Every Wednesday night at Boomerangs Roadhouse-West Warwick. 8:30pm.  
 Every Thursday night at Jake and Johnny's Lounge-Providence. 8:30pm. The Comedy Factory also books DJ's, bands, magicians, & more! 401-639-7726. [comedyfactoryri.com](http://comedyfactoryri.com)



**Catch this wave.**

Maximize your savings with our special CD offers — now available for a limited time. Open your CD today — in branch or online.

**CentrevilleBank**  
 1-800-377-4424 | [centrevillebank.com/wave](http://centrevillebank.com/wave)

EQUAL HOUSING LENDER | NMLS#402947 | MEMBER FDIC

**SBA 504 Approved Lender**

If you're a business owner looking to start or expand your local business, a Small Business Association (SBA) 504 loan may be a great option for you. Centreville Bank is not only an approved SBA 504 lender, but was also recognized in 2022 as a top Lender of the Year -- having facilitated more than \$10 million in small business loans during that time period.

**Convenience**

We know that Rhode Islanders don't drive far without packing a lunch, which is why we have physical branch locations in every county in the state. Just this year we opened branch locations in Smithfield and Newport and Loan Offices in Middletown and Warren. We also know that business hours go beyond the 9-5, which is why our network of ITMs (Interactive Teller Machines) can allow for extended bank hours with the assistance of a local, live banker. Plus, you can always take advantage of our secure, mobile, and online banking services 24/7.

As a mutual bank with no stockholders, customers benefit from 100% local decision making. That translates to greater access to financial experts, faster turnaround times, competitive rates, and flexible terms.

Visit us online at [CentrevilleBank.com](http://CentrevilleBank.com) to find our branch closest to you or give us a call at 401-821-9100.

At Centreville Bank, we understand the unique financial needs of individuals, families, and businesses. That's why we've been a trusted resource for more than 195 years. With our 20+ locations across Rhode Island and eastern Connecticut, we're here to provide you with personalized solutions tailored to your financial goals now and in the future.

**Personal Banking**

From buying your first home to planning your retirement, we have the right savings and loan products to meet your personal banking needs:

- Checking & Savings accounts
- Home Loans
- Certificates of Deposit (CDs) offers

**Business Banking**

Whether you're a small business, large enterprise, non-profit or municipality, Centreville Bank and our team of financial experts can help you achieve your goals:

- Business Checking & Savings
- Business Credit & Debit Cards
- Business Financing Loans & Lines of Credit
- Business Mortgages
- Cash Management
- Money Market
- Payments & Transfers

# 5 ways to ensure a greater work-family balance

METRO

Individuals have to juggle many different responsibilities on a daily basis. Those with full- or part-time jobs, children, spouses or partners, or aging family members that require assistance, will often find they are pulled in different directions. In many cases, work takes priority over family time because people rely on their jobs for the income that funds their lifestyles. Rather than jeopardizing that income, certain individuals will make time concessions that favor employment over personal relationships and family time.

Recent data indicates that many people are trapped in unhealthy work-life balances and can't find the time to unwind and enjoy themselves. The e-commerce company Groupon asked 2,000 Americans about stress at work and 60 percent indicated that pressures and responsibilities of the workplace and home life do not have boundaries. Learning to balance work and life better may come from following these tips.

**1. Find more time.** While there's no way to add extra hours to the day, you can add extra hours to your schedule. One way to do so is to wake up earlier or



stay up later than the household. Some people prefer the quiet time to get things done while others are asleep. If you can afford to shave an hour from your sleeping schedule (provided you already are getting enough), this approach can make a significant difference.

**2. Limit distractions as much**

**as possible.** Distractions pull attention away from tasks and that can make it harder to complete jobs on time. Schedule tasks that require your utmost concentration when others are not around. Perhaps this means coming into the office during off-peak hours or waiting until a spouse or the

kids go to their respective places of work or school before you start on things that require greater concentration.

**3. Figure out your home priorities.** Schedule your home priorities just as you would work meetings and other responsibilities. While you may not be able

to attend every sports practice or game, make it a point to get to as many events as possible. Put it in the calendar or planner as a must-do.

**4. Maximize your PTO.** Chances are you are entitled to a certain number of days off. Do not squander the opportunity to use these days. It will not make you a hero if you give up on time off. Map out priorities for the next couple of months and see where your time away from work will be needed. Then utilize PTO for these events as well as vacations.

**5. End work at a certain time.** There is a saying that "work expands to fill the time allotted." It's easy to let work infiltrate home time especially for those who are remote workers. Set a distinct end time for the job and reinforce it by turning off your computer or other devices, or physically lock the door to your office. Schedule tasks directly after work that are important to you, so you won't be tempted to continue working.

Finding work-life balance can take time and require breaking established habits, but it is one way to reduce stress and feel more personally satisfied.

# Real Estate Transactions

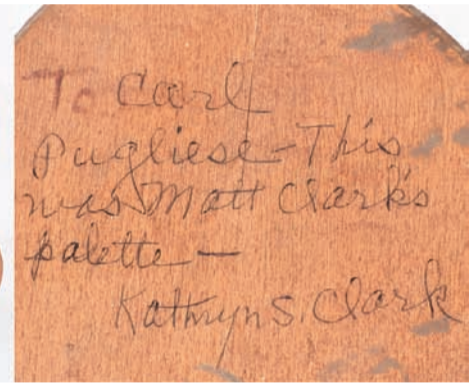
ADDRESS	SELLERS	BUYERS	DATE	SALE PRICE
<b>COVENTRY</b>				
4 Mountain Laurel Dr	Jenkins, Justin	Coppola 4th, Ralph A and Papa, Gianna R	8/7	\$440,000
5 Freedom Way	Mccarron, William F and Mccarron, Margaret L	Barker, Lori and Barker, Keith	8/9	\$125,000
5 Torch Ln	Rossi, John and Lait, Renee R	Costa, Leslie	8/7	\$146,000
7 Nancy St	Morris, Jacqueline and Morris, Sean	Moss Home Solutions LLC	8/9	\$200,000
9 Juniper Hill Dr	Lucille A Moran T and Magno, Mclanie A	Myette, Michael D and Mitchell, Michelle	7/31	\$620,000
9 Marie Dr	Gardner, Geoffrey D	Benoit, Miranda and Dahlin, Joshua	7/28	\$380,000
10 Amherst Ave	Perreault Jr, Gerard L and Perreault, Rhonda A	Mccombe, Zachary T	8/1	\$252,000
11 Blue Spruce Dr	Inch, William J and Inch, Esther	Mcgill, Darin and Mcgill, Janet	8/9	\$690,000
11 Dell St	Daly, Jade N	Navas, Nathaly and Rosado, Kin L	8/1	\$380,000
12 Hope View St	Grenier, Todd J and Grenier, Holly L	Lorquet, Lidege	7/31	\$355,000
13 Dixie Rd	Plante, Ronald E	Best, Jesse D and Riasati, Alisha F	7/31	\$415,000
19 Cantaberry Ln	New Phase Realty LLC	Lepore, Lisa B	8/8	\$172,000
21 Paul Sprague Dr	Anderson Sr, Timothy T and Anderson, Tammy A	Caparco, Jordan J and Maine, Amy E	8/8	\$735,000
22 Daniel Dr	Corp, David F and Corp, Jessie M	Corp, David F	8/10	\$157,325
27 Torch Ln	Baker, H J	Howard, Robert	7/31	\$90,000
30 Meredith Dr	Doherty, Sean R and Doherty, Kristin A	Rook, Courtney A	8/10	\$372,000
40 Edward St	Matteson Margaret Est and Mccarthy, Marguerite E	Oneppo, Derek and Oneppo, Denise	7/31	\$260,000
43 Ginger Trl	Denman, Mark A and Denman, Sandra J	Wasilewski, Arthur and Stone, Jillian	7/31	\$620,500
46 Cantaberry Ln	Auriza L Ruela T and Kelley, Auriza J	Brand, Brenda	8/8	\$158,000
46 Lorraine Ave	Richards, Shawn P and Richards, Lorianne	Monteiro, Joanne	8/10	\$417,994
53 Arnold Rd	Starziano, John J and Starziano, Deborah	Curry, Trenton M	8/1	\$499,900
58 Valley Crest Rd	Smith, Robin G	Smith, Kimberly	8/7	\$250,000
58 Watercress Ct	Gretton, Steven and Gretton, Clementine	Goodison, Jamie	8/11	\$768,000
61 Knotty Oak Shrs	Fraser, Hayley J	Fleming, Lucas A	8/11	\$350,000
87 Read Ave	Lyon Kings LLC	Perreault, Cheyenne B and Angolano, Joseph M	8/4	\$325,000
89 Colvintown Rd	Sylvestre, Sarah and Foster, Jahdeem E	Teresky, Caitlin	7/28	\$430,000
101 Johnson Blvd	Finkes, Patnera A	Lantagne, Samantha E	7/31	\$192,000
104 Knotty Oak Rd	Lovell Jr, Darryl B and Freedom Mortgage Corp	Freedom Mortgage Corp	8/11	\$256,440
114 Macarthur Blvd	Geary, Cyril G	Stearns 3rd, James H and Segerson, Beverly	8/4	\$291,000
218 Fairview Ave	Leroux Georgianna R Est and Mellon, Rita C	Abatiello Buco Prop LLC	8/11	\$250,000
225 Station St	Burrill, Carl A and Burrill, Guy L	Burrill, Spencer	8/10	\$420,000
311 Shady Valley Rd	J&s Investments LLC	Mcgreevy, Michael P	7/27	\$274,900
528 Hope Furnace Rd	Kelley Jr, Paul W and Kelley, Cathy A	Hall, Melissa B and Hansen, Bruce	7/28	\$549,900
568 Tiogue Ave	Kuipers T and Kuipers, Nancy M	Coventry Glass Co	7/25	\$310,000
581 Camp Westwood Rd	Huling, Jeffrey D and Huling, Tammy L	Robbins, Kadian	7/28	\$551,155
600 Hope Furnace Rd	Howes, Robert B and Howes, Deborah L	Howes 2nd, Robert B and Howes, Danielle	8/7	\$450,000
1072 Tiogue Ave	Cook, Matthew	Lemoi, William and Lemoi, Barbara	8/4	\$190,000
1497 Harkney Hill Rd	Salvas, Peter F and Salvas, Jean	Belmont, Diane and Rabezak, Steven	8/1	\$507,000
2298 Victory Hwy	Boccanfuso, Michael A	Mchenry, Tara L and Mchenry, Matthew K	7/28	\$755,000
6342 Flat River Rd	Lein T and Lein, Joan N	Branch, Elizabeth S and Branch, Nicholas T	7/31	\$285,000
<b>CRANSTON</b>				
15 Brooks St	Chickos, Stephen D	Craft, Melinda M	8/11	\$420,555
19 Furlong St	Sprenulli, Anthony V and Sprenulli, Joyce A	Raza, Ghulam	8/11	\$452,500
41 Leslie St	He, Yuqi and Fu, Bowen	Marizan, Luisa C and Kalif, Corey J	8/11	\$367,000
51 Meredith Dr	Capalbo, William N	Dupree, James and Dupree, Summer	8/9	\$484,900
59 Salem Ave	Pratt, Douglas E and Pratt, Colleen P	Buerman, Rosemarie and Buerman, Meghan R	8/11	\$467,500
63 Ledgewood Dr	Weissman, Brian S	Loffredo, Alyssa M	8/8	\$405,000
77 Rockwood Ave	14 Properties LLC	Najera, Maritza	8/7	\$450,000
79 Dale Ave	Specht, John and Sabetta, Nicole	Slocum, Melissa M	8/10	\$401,000
83 Grand Ave	Rhode Island Housing & Mo	Rodriguez, Patricia A	8/9	\$1
86 Doane St	Omalley Jt and Omalley, Austin	Mejia, Jorge L and Lara, Rosmary P	8/7	\$360,000
109 Concord Ave	Ancris LLC	Deutsch, Zachary	8/9	\$405,000
213 Armington St	Mallozzi, Michele A	Burt, Sandra	8/11	\$297,500
333 E View Ave	Caliri, Ingeborg E and Ferdinandi, Sherry E	Cavalloro, Jacob and Rouleau, Jolie	8/7	\$365,000
596 Natick Ave	Rosario V Tomaselli Lt and Tomaselli, Rosario V	Pratt, Douglas and Pratt, Colleen	8/11	\$450,000
604 Woodhaven Ct Lot 604	Trombetti, Cynthia E	Oconnor, Dylan T	8/10	\$300,000
1656 Plainfield Pike	Robert M & Catherine A Cr and Croce, Robert M	Monteiro, Clodio M and Monteiro, lara D	8/11	\$315,000
<b>EAST GREENWICH</b>				
25 Franklin Rd Lot 2	River Farm Place LLC	Cooney, Caitlin	8/8	\$520,000
38 Castle St	Mahonski, Emily H	Reichert, Gary	8/7	\$369,900
40 Kent Dr	Chadwick Jr, Michael and Chadwick, Kate E	Chelo, Zackery and Zuckerman, Paige	8/11	\$800,000
61 Jefferson Dr	Kerstin U Olmstead Relt and Olmstead, Kerstin U	Depasquale, Ryan and Depasquale, Montana	8/11	\$665,000
87 Terrace Dr	Mahindrakar, Sudeep	Schlossberg, Jason E and Schlossberg, Lindsay	8/11	\$675,000
124 Maplewood Dr	Lavery, Jeffrey T and Thomas, Kali S	Matzell, Evan H and Matzell, Shelby D	8/7	\$812,000
138 Pine Glen Dr Lot 138	Whyte, Richard G	Wade, William H and Marrapodi, Michael E	8/11	\$717,500
152 Crompton Ave Lot 17	Esper, Richard E and Esper, Audra F	Evans, Constantina F	8/11	\$599,000
382 1st Ave	Schlossberg, Jason E and Simon, Lindsay	Meacham, Susan T	8/11	\$375,000
<b>EXETER</b>				
2 Short Rd	Hernandez, Juan C	Hankins, Christopher W and Hankins, Kathleen S	8/11	\$498,000
<b>JOHNSTON</b>				
1 Pembroke Dr	Orellana, Walter A and Aquino, Roxana E	Wagnac, Marc D	8/9	\$357,500
24 Becker Ave	Sabitoni, Nancy L	Mrks, Sonia J	8/10	\$215,000
25 Cedar St	Galasso, Stephanie S and Leach, Jason D	Bolanos, Christopher and Bohorquez, Kassandra	8/11	\$350,000
37 Susan Cir	Iafate, Thomas	Flynn-Sousa, Patricia A and Flynn, Renee M	8/11	\$385,000
54 Pine Hill Ave	Anniemac Private Equity C	Coppa, James and Coppa, Betsy	8/9	\$450,000
108 Serrel Sweet Rd	Sullivan, David E	Cabrera-Noriega, Alvaro R	8/10	\$260,000
158 Winsor Ave	Ri Hsng And Mtg Fin Corp	Omelia, Joseph	8/8	\$1
158 Winsor Ave	Ri Hsng And Mtg Fin Corp	Omelia, Joseph	8/8	\$1
158 Winsor Ave	Ri Hsng And Mtg Fin Corp	Omelia, Joseph	8/8	\$1
158 Winsor Ave	Ri Hsng And Mtg Fin Corp	Omelia, Joseph	8/8	\$1
<b>WEST GREENWICH</b>				
9 Nooseneck Hill Rd	Izzi, Antonetta G and Bennett, Jennifer F	39 Nooseneck Hill LLC	8/7	\$600,000
370-C Mishnock Rd	Gibson, Carol and Lerch, Justin	Lerch, Donna M	8/4	\$60,000
<b>WEST WARWICK</b>				
10 Ashton St	Richards, Danielle M	Propp, Matthew	8/10	\$327,000
17 Harley St	Erica L Suffoletto Lt and Suffoletto, Erica L	Sandland, Samantha and Cantwell, Angus	8/15	\$339,000
25 Capron St	Vigeant, Michael R	Randall-Saunders, Della C	8/11	\$437,000
26 Ledge Dr	Blue Water Realty LLC	Brown Louis V Est	8/9	\$1
61 Lafayette St	Bradbury, Raymond C and Deutsche Bk Natl TCo	Gsamp T2005 Wmc1 and Deutsche Bk Natl T Co Tr	8/11	\$178,710
69 Trellis Dr Lot 69	Duggan William Est and Duggan, Francis	Schoeler, Norman	8/10	\$329,000
94 Cowesett Ave Lot 30	Daigneault, Lyndsey	Haders, Stephen R and Haders, Christine	8/15	\$111,453
226 Washington St	Monteiro, Carl	Dearce, Edwin	8/10	\$300,000
650 E Greenwich Ave Lot 7-311	Arora, Deepak and Arora, Anita	Burns, Michael	8/15	\$270,000

# Rhody TREASURES

ANTIQUES • COLLECTIBLES • CONSIGNMENTS • ESTATES • VINTAGE



## Matt Clark:



(PHOTO BY ROBERT F. MCELROY/GETTY IMAGES)

# Artist of the American Frontier



**By Joel Bohy**  
*Historic Arms & Militaria*  
 Bruneau & Co. Auctioneers  
 Cranston, RI

shoeton, Ohio. Both boys were inspired by their surroundings: From a young age they sketched the horses at their father's livery stable, and they were interested in the Native American origins and history of their small town, which was once a Lenape village. After graduating high school, Clark studied at the Art Students League and the National Academy of Design in New York under Walter Hasell Hinton and later at the Art Institute of Chicago. His first professional venture was with the Stevens, Sundblom & Henry commercial art studio, working on advertisements for clients such as H.J. Heinz, Packard automobiles, and Swifts Premium Meats. He then went on to take up freelance work for College Humor and Judge. In the 1930's, Clark went full-time with his freelance work, moving to New York where he shared a studio with his brother.

Unlike Benton who is best known for his oil paintings, Matt is best known for utilizing dry brush techniques that produce imagery perfect for color prints or in black and

white. He also produced illustrations for historical and adventure fiction, becoming well known for his depictions of the West. His works are dynamic and vibrant, lifelike in how he was able to capture both intense and tender actions, bringing you right into the moment depicted.

One piece from the collection we have of Clark's work is an excellent example of intensity: two fishermen in a canoe on a fast-moving river, one man steering and the other at the front with his fishing pole. The painting looks like it belongs on the cover of an adventure novel. In another piece, the mood grows somber: two hunters on a snow-covered mountain are cleaning a big horn sheep. It's story of survival and sacrifice is decidedly less upbeat than the canoe painting, but nevertheless offers a realistic portrayal of life in the American West during that time. In both, the brushwork and composition are identifiable his and show his talent for capturing the moment.

What I've talked about here is only a small sampling of what we'll be offering from the personal collection of Carl Pugliese this October. I'll probably talk about a few more artists as we prepare for the auction, so keep following for more!



**BRUNEAU & CO.**  
**AUCTIONEERS**  
 Antiques - Fine Arts - Unusual Objects  
 401-533-9980 - Bruneauandco.com

**Looking to BUY Your Collectibles**

**THE TIME CAPSULE**

We are actively purchasing  
**COMIC BOOKS**  
**TOYS • RECORDS**

We are looking for collections large & small.  
 Call to let us know what you have.

537 Pontiac Avenue,  
 Cranston, RI  
 (401)781-5017  
 thetimecapsule@mail.com  
 Open 7 Days - 11am to 7pm

**YOUR AD HERE**

**\$60** per week

8 week minimum

Appears in the **Warwick Beacon, Cranston Herald, Johnston Sun Rise and The Reminder**

*All 4 papers for one low price!*

CALL FOR MORE INFO  
 732-3100 / 821-2216

**NEW YORK GOLD EXCHANGE**  
**CASH FOR YOU!**

COURTEOUS • CONFIDENTIAL • PROFESSIONAL SERVICE

*We Pay New York Refinery Prices for*

- Gold
- Silver
- Coins
- Diamonds
- Silverware
- Bullion

*Expert Jewelry Repair*

**FREE \$10 GAS CARD** WITH ANY PRECIOUS METAL TRANSACTION!

1047 Mineral Spring Ave., North Providence  
 401-205-1638 **NEWYORKGOLDXCHANGE.COM**



## Catholic Cemeteries of the Diocese of Providence

Memorialize and Dedicate these features in Our Cemeteries to Your Loved Ones






Resurrection Cemetery Cumberland | St. Francis Cemetery Pawtucket | St. Ann's Cemetery Cranston | Mount St. Mary's Cemetery Pawtucket

**Office of Catholic Cemeteries**  
Roman Catholic Diocese of Providence, RI  
80 Saint Mary's Drive, Cranston, RI Call today at 401-944-8383 www.ricatholiccemeteries.org

When a death occurs, there are many decisions and tasks to manage, usually within a short timeframe while under emotional strain. That's why pre-planning can be so helpful. Making cemetery and funeral arrangements in advance is not only considerate to the ones you love but both a loving and financially wise decision. Working with today's pricing, as opposed to tomorrows, can also represent significant savings for you and your family.

People often wonder why they should go to a Catholic Cemetery. Some tend to overlook that our faith teaches and prefers that as we come into this life, we are baptized. Being baptized means you are beginning a life with Christ, therefore you are all children of God through faith. A Baptism takes place in a church on consecrated holy ground. Therefore, our earthly remains should be laid to rest in the consecrated grounds of a Catholic Cemetery. The consecrated ground of our cemeteries are designated specifically for our faithful, and the Catholic Cemeteries of the Diocese of Providence offers more options of final resting places than ANY other cemetery in RI.

Many factors play into the process of

making these pre-arrangements. An important one to address is the financial concern and how that can determine which decisions become priority. We will assist you in following all aspects of end-of life decisions in accordance with our faith, as well as offer our families three-year financing without interest allowing you to choose the type of space you want, at a price much less than what it will be in 20 years. It is our goal to work WITH you for the peace of mind you and your loved ones deserve at a very difficult time.

We recommend that you consider this matter now when you can do so calmly and thoughtfully. Pre-planning your funeral and selecting a site at one of our Diocesan Catholic Cemeteries in Rhode Island can now be done in one place for your convenience. Make an appointment now for that peace of mind and not leave your loved ones with difficult decisions at a difficult time. Our staff can answer all your questions and offer guidance in a pressure-free environment.

Please contact us to assist with any questions or concerns you may have regarding Catholic Funeral, & Cemetery Options.



# How to organize a bazaar

METRO

Holiday bazaars are a popular tradition in many communities. Bazaars typically are hosted by churches, nonprofit groups and schools, and they can be profitable fundraisers where products, crafts and foods are sold to benefit a worthy cause.

Various strategies can make holiday bazaars more successful. Check out these suggestions before getting started.

- **Choose the date carefully.** The holiday season is a busy time of year and event organizers will be competing with many other events. Try to choose a weekend with little to no competition, especially with other bazaars. Also, schedule your bazaar early in the shopping season so that people will not be time-pressed with social events, school concerts and church functions, which tend to increase in mid to late December.

- **Secure a convenient location.** Venues to hold the

bazaar may be in high demand in December. If you're fundraising for a school or religious organization, they may be able to offer a cafeteria or another space in their facilities. Other buildings to consider include Knights of Columbus halls, VFW rooms and party spaces inside firehouses or first aid buildings. Some may offer spaces at discounted rates for nonprofit groups, so it pays to inquire. In addition, building administration may help promote the bazaar by printing fliers or advertising on their social media calendars.

- **Decide which type of bazaar to have.** Bazaars can be centered around arts and crafts, food, technology, or even outdoor supplies. Choosing a particular theme can make it easier to organize the event and attract vendors.

- **Recruit plenty of volunteers.** Establish volunteer categories and find ample help to run the bazaar. For example, one person can oversee soliciting vendors,

another can solicit food and beverage donations, while another can do the event accounting, and so on. Figure out where you need help and put a person in charge of each subcommittee.

- **Offer entertainment.** While local vendors will attract many patrons to the event, games and entertainment can keep the momentum going and ensure everyone has a good time. Carnival games like knocking down milk bottles or winning prizes by spinning a wheel are some additional ways to raise funds and ensure guests have fun. A 50/50 drawing also can be fun and a great way to raise money.

- **Raise money through vendors.** Vendors can rent tables at the event for a set rate. The exposure vendors get should be well worth the cost of participation.

With these tips in mind, bazaar organizers can host events that are fun and raise funds for a great cause.

RHODE ISLAND'S TRUSTED PHYSICAL THERAPY EXPERTS  
17 LOCATIONS THROUGHOUT RHODE ISLAND



## Pappas OPT

PHYSICAL, SPORTS & HAND THERAPY

To schedule an appointment call 401-205-3423

Visit [pappaspt.com](http://pappaspt.com) for more information

## When should my child start weight training?

The popularity of youth sports and sports specialization has grown over the last several years and the need to have a competitive advantage has pushed individuals to specialized coaching of all kinds, from pitching and hitting to quarterback and position coaches, and a wide assortment of track and field specialists. The need for young athletes to get strong and fitter to be able to participate at higher competitive levels has opened up the question of when is it appropriate for a pre-teen or teenager to start resistance training.

We don't want to confuse strength or resistance training with bodybuilding or powerlifting, which are two very specific types of strength training. Strength or resistance training, with a focus on proper technique and safe progression, can increase a child's muscle strength and endurance. Benefits may include helping protect their muscles and joints from sports-related injuries, improving a child's performance in nearly any sport, from dancing and figure skating to football and soccer, and putting them on a lifetime path to better health and fitness.

Experts generally agree that if a child is participating in an organized sport, they are ready to start a resistance program (as young as 8 years old with bodyweight exercises to start). Any youth strength program should be led by a qualified strength and conditioning professional with the understanding of specific anatomical and physiological changes a growing child is going through. The program should be tailored to meet the needs of the specific age, gender, and sport(s) specific to each individual participant. The child should be willing and ready to take instruction to ensure safety, quality training, and to meet performance goals that will hopefully result in a lifelong fitness journey.

Mario Santomassimo PT, MS, DPT, CSCS

## WILLIAMSON LAW

### Making Sure You Get The Representation You Deserve

We're dedicated to ensuring that we take care of all of our clients, and that their legal needs are met and exceeded. We offer high-quality legal work and personal client service. We're committed to providing you with top notch legal support.

We approach every client with a focus on integrity, advocacy, and understanding.

**Timothy A. Williamson Esq.**

- Personal Injury
- DUI/Refusals
- Divorce
- Criminal Matters
- Child Support
- Employment Law

**(401) 615-9321**  
Tawilliamsonlaw@gmail.com



247 Quaker Lane, West Warwick, RI 02893